

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2026 Activity Calendar Location: <i>Cypress</i> / <i>Azalea</i> / <i>Outing</i> / <i>Patio</i>		1 9:30 Guess-the-Lyric w/Emily 10:00 <u>Minneapolis Sculpture Garden Outing and Picnic</u> 1:15 / 3:00 Piano Music with Emily 1:15 Pictionary with Kristen 2:00 Watercoloring and Puzzles 2:15 Poetry Group / Folk Harp 3:00 Spa Time with Ann 3:00 Fitness with Kristen 6:00 Country Western Sing-Along	2 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 9:30 <u>Scenic Drive with Ann</u> 1:15 Music with Kristen and Emily 1:15 Sensory Time with Ann 2:15 <u>Hymns/Devotions–Sunroom</u> 2:30 <u>Celebration of Life Service</u> 3:45 Fitness w/Kristen–Sunroom 3:45 Piano Music with Emily 6:00 <u>Bible Study with Bill & Peggy</u>	3 HAPPY BIRTHDAY, JACK! 9:30 <u>Exercise & Devotions/Hymns</u> 9:30 Fall Planting with Ann 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:30 <u>September Birthday Party</u> 3:30 Name-that-Tune with Kristen 3:30 Fitness with Ann 6:00 Jeopardy with Kristen	4 HAPPY BIRTHDAY, JOANN! 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 1:15 <u>Music Bingo with Emily</u> 1:15 The Price is Right w/Kristen 2:30 Snacks and Chats 3:00 Piano Music with Emily 3:00 Fitness with Kristen 6:00 Music Jeopardy with Kristen 7:00 Movie: “The Music Man”	5 9:30 Morning Stretches 10:00 <u>Devotions with Nancy</u> 1:00 Exercise 2:00 Word Games 3:00 Music 6:00 Hymns and Devotions
6 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 1:15 <u>Music with Denise</u> 3:30 <u>Minnetonka Music Club Student Performance</u> 6:00 <u>Piano Music with Tyler</u>	7 LABOR DAY HAPPY BIRTHDAY, RENATE! 9:30 Morning Sing-Along with Ann 10:00 Reminiscing about Occupations with Ann 1:00 Violin Music with Ann 3:00 Fitness with Ann 6:00 <u>Music with Matthew Gogola</u>	8 9:30 Music & Movement w/Emily 10:00 Musical Emotions w/ Emily 10:00 <u>Catholic Mass in Sunroom</u> 12:15 <u>Let’s Go Fishing Outing</u> 1:15 / 3:00 Piano Music with Emily 1:15 Bowling with Kristen 2:15 Poetry Group / Folk Harp 3:00 Fitness with Kristen 6:00 Sing-Along with Kristen	9 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Folk Harp Music with Emily 1:15 Listening Game with Ann 2:15 Hymns with Emily 3:00 Fitness with Ann–Sunroom 3:00 Piano Music with Emily 6:00 <u>Devotions with Natalie</u>	10 9:30 <u>Exercise & Devotions/Hymns</u> 9:30 Scarecrow-Making with Ann 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:15 <u>Trouvaille Choir Concert</u> 3:30 <u>Therapy Dog Visits w/Stella</u> 3:30 Scrabble with Kristen 3:30 Fitness with Ann 6:00 Jeopardy with Kristen	11 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 11:00 <u>Devotions with Katy</u> 1:15 <u>Music Bingo with Emily</u> 1:15 Whiteboard Games w/Kristen 2:30 Snacks and Chats 3:00 Piano Music with Emily 3:00 Fitness with Kristen 6:00 Music Trivia with Kristen 7:00 Movie: “Field of Dreams”	12 HAPPY BIRTHDAY, NELLA! 9:30 Morning Exercise w/Kristen 10:00 Music Jeopardy w/Kristen 1:00 <u>Nordic Music Festival Outing with Ann</u> 1:00 1950s Music with Kristen 3:00 Chime Choir with Kristen 6:00 Sing-Along and Evening Stretches with Ann
13 GRANDPARENTS’ DAY 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 1:30 <u>Intergenerational Activity with Girl Scout students</u> 2:30 S’mores Treats 3:00 Vikings Border Battle Party 3:25 Vikings vs. Packers Game 6:00 Violin and Sing-Along with Ann	14 <u>NAT’L ASSISTED LIVING WEEK</u> 9:30 Name Songs with Emily 9:30 <u>Baking: Cookies</u> 1:15 Folk Harp 2:30 Songwriting 1:15 Short Stories with Kristen 2:30 Balloon Volleyball w/Kristen 3:00 Music/Reminiscing w/Emily 3:00 Fitness with Kristen 3:00 Woodworking Painting 4:00 Rosary with Luke 6:00 Broadway Karaoke w/Kristen	15 <u>6PM Family Support Group</u> 9:30 Music & Movement w/Emily 10:00 <u>Harp & Piano Duets w/Gail S</u> 9:30 <u>Shoreline Drive with Ann</u> 1:15 Piano Music with Emily 1:30 <u>Sandwich Service Project</u> 2:15 Poetry Group / Folk Harp 3:00 <u>Lutheran Church Service</u> 3:00 Spa Time with Ann 3:00 Fitness with Kristen 6:00 Sing-Along with Kristen	16 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 10:00 <u>Sandwich Drop-Off & Lunch</u> 1:15 Music with Kristen and Emily 2:15 <u>June’s Poetry Book Reading</u> 3:00 Fitness w/Kristen–Sunroom 3:00 Hymn-Sing & Piano w/Emily 3:00 Fitness with Ann–Sunroom 6:00 <u>Bible Study with Bill & Peggy</u>	17 9:30 <u>Exercise & Devotions/Hymns</u> 1:15 Reading Group with Suzanne 1:15 Dulcimer Music with Kristen 2:15 Folk Harp w/Emily–Sunroom 3:00 Name-that-Tune with Emily 3:00 Fitness with Kristen 6:00 Jeopardy with Kristen	18 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 1:15 <u>Music Bingo with Emily</u> 1:15 Whiteboard Games w/Kristen 2:30 Snacks and Chats 3:00 Piano Music with Emily 3:00 Fitness with Kristen 5:00 <u>Family & Friends Pizza Night</u> 6:00 <u>Trouvaille Family Sing-Along</u> 7:00 Movie: “A Dog’s Purpose”	19 9:30 Morning Stretches 10:00 News and Trivia 1:00 “Would You Rather?” Game 2:00 Stories 3:00 Exercise 6:00 Hymns and Devotions
20 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 12:00 <u>Vikings vs. Bears Game</u> 1:15 Music & Movement with Emily 2:00 Folk Harp Music with Emily 3:00 <u>Piano Music with Lydia</u> 6:00 <u>Music with Scott–Acoustic Rain</u>	21 <u>2:30PM BeneTrou</u> <u>Golf Event at Island View</u> 9:30 Xylophone Chime Bar Choir 1:15 Folk Harp 2:30 Songwriting 1:15 Short Stories with Kristen 2:30 Basketball w/Kristen 3:00 Music/Reminiscing w/Emily 3:00 Fitness with Kristen 6:00 Broadway Karaoke w/Kristen	22 9:30 Music & Movement w/Emily 10:00 Music Pictionary w/Emily 1:15 / 3:00 Piano Music with Emily 1:15 Pictionary with Kristen 2:15 Poetry Group / Folk Harp 3:00 Fitness with Kristen 6:00 Sing-Along with Kristen	23 9:30 <u>Quilt Art with Norma and Ann</u> 9:30 Chime Choir with Emily 1:15 Folk Harp Music with Emily 1:00 <u>MN Arb Outing with Ann</u> 2:15 Hymns with Emily 3:00 Music & Movement w/Emily 3:30 Piano Music with Emily 6:00 <u>Bible Study with Bill & Peggy</u>	24 9:30 <u>Exercise & Devotions/Hymns</u> 9:30 <u>Round Lake Softball Outing</u> 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:15 Folk Harp w/Emily–Sunroom 3:00 Name-that-Tune with Emily 3:00 Scrabble with Kristen 3:00 Fitness with Ann 6:00 <u>Piano Music with Tyler</u>	25 9:30 Exercise and News 11:00 <u>Devotions with Katy</u> 1:15 <u>Music Bingo with Kristen</u> 2:30 Snacks and Chats 3:00 Fitness with Kristen 6:00 One Hit Wonders with Kristen 7:00 Movie: “Willy Wonka”	26 9:30 Morning Exercise w/Kristen 10:00 Music Jeopardy w/Kristen 1:00 <u>Outing to Chaska Area Quilt Club Show at Chaska Community Center</u> 1:00 Music of Gershwin w/ Kristen 2:15 Poems & Proverbs w/ Kristen 3:00 Fitness with Kristen 6:00 Sing-Along and Stretches
27 HAPPY BIRTHDAY, MAX! 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 1:00 Exercise with Ann 2:00 Rewind to the 70’s Sing-Along and Dance Party with Ann 3:05 <u>Vikings vs. Buccaneers Game</u> 6:00 Violin and Sing-Along with Ann	28 9:30 Music Word Games w/Emily 9:30 <u>Baking: Apple Donuts</u> 1:15 Folk Harp 2:30 Songwriting 1:15 Short Stories with Kristen 2:30 Balloon Volleyball w/Kristen 3:00 Music/Reminiscing w/Emily 3:00 Fitness with Kristen 3:00 Mens’ Group with Ann 4:00 Rosary with Ann 6:00 Broadway Karaoke w/Kristen	29 9:30 Music & Movement w/Emily 10:00 Music Pictionary w/Emily 9:30 <u>MN Arb Outing and Lunch</u> 1:15 Piano Music with Emily 1:15 Pictionary with Kristen 2:15 <u>Hymns/Devotions–Sunroom</u> 2:30 <u>Celebration of Life Service</u> 3:45 Folk Harp Music with Emily 3:45 Fitness with Kristen 6:00 Sing-Along with Kristen	30 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Music with Kristen and Emily 1:15 “Discover Your Story” w/Ann 2:30 <u>Volunteer Appreciation Social Hour and Recognition</u> 3:00 “Traveled Ground” Music 6:00 <u>Bible Study with Bill & Peggy</u>	Questions? (612) 608-1478		