

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SATURDAY HAPPY BIRTHDAY, MARGARET! 9:30 Morning Exercise with Kristen 1:00 Music with Ann & Kristen 3:00 Grace's Piano Students 6:00 Music & Movement with Ann	3 9:15 Let's Go Fishing Outing 9:30 Xylophone Chime Bar Choir 1:15 Folk Harp 2:30 Songwriting 1:15 Short Stories with Kristen 2:30 Balloon Volleyball 3:00 Fitness with Kristen 3:00 Music Word Games w/Emily 3:00 Robotics w/Ann (Conf. Room) 4:00 Rosary with Ann 6:00 Broadway Karaoke w/Kristen	4 9:30 / 10:30 Name Songs w/Emily 9:30 / 10:30 Violin & Sing-Along with Ann 1:15 / 3:00 Piano Music with Emily 1:15 Bowling with Ann & Kristen 2:15 Poetry Group and Folk Harp with Emily 3:00 Sandwich Service Project 4:00 Fitness with Kristen 6:00 Piano Sing-Along with Kristen	5 HAPPY BIRTHDAY, GINNY W! 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 10:00 Sandwich Drop-Off and Picnic Lunch at MIA 1:15 Folk Harp Music with Emily 2:15 Hymns with Emily 3:00 Fitness with Ann–Sunroom 3:00 Piano Music with Emily 6:00 Bible Study with Bill & Peggy	6 9:30 Exercise & Devotions/Hymns with Emily and Nancy 9:30 Gardening Club with Ann 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:30 August Birthday Party 3:30 Folk Harp Music with Emily 3:30 Dice Games with Kristen 3:30 Fitness with Ann 6:00 Jeopardy with Kristen	7 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 1:15 Music Bingo with Emily 1:15 Whiteboard Games w/Kristen 2:30 Snacks and Chats 3:00 Piano Music with Emily 3:00 Fitness with Kristen 6:00 Music Trivia with Kristen 7:00 Movie: <i>Saving Mr. Banks</i>	8 9:30 Morning Stretches with Ruth 10:00 Coffee & Conversation with Heather 10:15 Stories with Ruth 1:00 Fitness with Ruth 2:00 Word Games with Ruth 3:00 Sing-Along with Ruth 6:00 Piano Music with Lydia
9 9:30 / 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 Fitness with Ruth 2:00 Bingo with Ruth 3:00 World Cup Review with Ruth 3:30 Minnetonka Music Students 6:00 Exercise/Sing-Along w/ Ruth	10 9:30 A-Z Song Brainstorm w/Emily 9:30 Baking: Cookies 1:15 Folk Harp 2:30 Songwriting 1:15 Pictionary with Kristen 2:30 Basketball 3:00 Fitness 3:00 Music & Reminiscing w/Emily 3:15 Blackjack and Games w/Ann 4:00 Rosary with Luke 6:00 Broadway Karaoke w/Kristen	11 9:30 Musical Emotions with Emily 10:00 Catholic Mass in Sunroom 1:15 / 3:00 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 1:15 Watercoloring with Ann 2:15 Poetry Group / Folk Harp 3:00 Spa Time with Ann 3:00 Fitness with Kristen 6:00 Sunshine Songs with Kristen	12 9:30 Exercise and Chime Choir w/Emily and Minnetonka Students 10:00 Carver County Fair Outing 1:15 Music with Kristen and Emily 2:30 Coffee and Chats with Ann 3:00 Fitness w/Kristen–Sunroom 3:00 Piano Music with Emily 6:00 Bible Study with Bill & Peggy	13 9:30 Exercise & Devotions/Hymns with Emily and Nancy 9:30 Noerenberg Gardens Outing with Ann 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 3:00 Name-that-Tune with Kristen 3:00 Fitness with Ann 6:00 Jeopardy with Kristen	14 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 11:00 Devotions with Katy 1:15 Music Bingo with Emily 2:30 Snacks and Chats 3:00 Fitness with Emily 3:30 Piano Music with Emily 6:00 Todd Anderson Performs Jimmy Buffett Show	15 9:30 Morning Exercise 10:00 Devotions with Nancy 12:00 MN Vikings Preseason Game 1:00 Vikings Watch Party with Ann 3:00 Discovering Disco and Dance Party with Ann 6:00 Music and Movement with Ann
16 9:30 / 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 Guess-the-Sound Game 2:00 Fitness with Ann 3:00 Bingo with Ann 6:00 Hymn Sing-Along and Inspiring Stories of Faith with Ann 6:30 Fitness with Ann	17 9:30 Xylophone Chime Bar Choir 9:30 Baking: Biscuit Making 1:15 Folk Harp 2:30 Songwriting 1:15 Short Stories with Kristen 2:30 Yard Games 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 3:00 Woodworking with Ann 4:00 Rosary with Ann 6:00 Broadway Karaoke w/Kristen	18 FAMILY SUPPORT GROUP 6PM 9:30 Exercise & Piano/Harp Duets 9:30 Shoreline Drive and Treat 1:15 / 3:30 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 1:15 Crafting with Ann 2:15 Poetry Group / Folk Harp 3:00 Lutheran Church Service 3:00 Spa Time with Ann 3:00 Fitness with Kristen 6:00 Country Western Sing-Along	19 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 10:00 Centennial Lakes and Picnic Outing with Ann 1:15 Music with Kristen and Emily 2:30 Coffee and Chats with Ann 3:00 Fitness w/Kristen–Sunroom 3:00 Piano Music with Emily 6:00 Bible Study with Bill & Peggy	20 9:30 Exercise & Devotions/Hymns with Emily and Nancy 1:15 Dulcimer Music with Kristen 1:15 Folk Harp Music with Emily 2:00 Piano Music with Emily 3:00 Name-that-Tune with Emily 3:00 Fitness with Kristen 6:00 Jeopardy with Kristen	21 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 1:15 Music Bingo with Emily 2:30 Snacks and Chats 3:00 Fitness with Emily 3:30 Piano Music with Emily 6:00 Music with Mira and Friends	22 9:30 Morning Exercise 10:00 Games and Trivia with Collette 12:00 MN Vikings Preseason Game 1:00 Board Games with Ruth 2:00 Exercise with Ruth 3:00 Sing-Along with Ruth 6:00 Evening Devotions with Ruth
23 9:30 / 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 Chair Exercises with Ruth 2:00 Haitian Culture Day with Ruth 3:00 Devotionals with Ruth 3:30 Minnetonka Music Students 6:00 Hymn Sing-Along with Ruth	24 9:30 Music & Movement w/Emily 10:00 Music Pictionary with Emily 1:15 Folk Harp Music with Emily 1:15 Dough Art and Clay Modeling 2:30 Songwriting with Emily 3:00 Music & Reminiscing w/Emily 3:00 Fitness with Ann 4:00 Rosary with Ann 6:00 Music Ballad Karaoke with Ann	25 9:30 Music & Movement w/Emily 10:00 Travel/Location Songs 9:30 Country Lanes Bowling 1:15 / 3:00 Piano Music with Emily 1:15 Crafting with Ann & Kristen 2:00 County Fair Games 2:15 Poetry Group / Folk Harp 3:00 Spa Time with Ann 3:00 Fitness with Kristen 6:00 Crooners Sing-Along	26 HAPPY BIRTHDAY, LARRY! 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 9:30 Arboretum and Lunch Outing 1:15 Music with Kristen and Emily 2:00 “Where In the World?” Video Trivia with Ann 3:00 Fitness w/Kristen–Sunroom 3:00 Piano Music with Emily 3:00 Coffee and Chats with Ann 6:00 Bible Study with Bill & Peggy	27 9:30 Exercise & Devotions/Hymns with Emily and Nancy 9:30 Gardening Club with Ann 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:15 Folk Harp w/Emily–Sunroom 3:00 Name-that-Tune with Emily 3:00 Scrabble with Kristen 3:00 Fitness with Ann 6:00 Piano Music with Tyler	28 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 11:00 Devotions with Katy 1:15 Music Bingo with Emily 1:15 Whiteboard Games w/Kristen 2:30 Snacks and Chats 3:00 Piano Music with Emily 3:00 Fitness with Kristen 6:00 Music Jeopardy with Kristen 7:00 Movie: <i>Mamma Mia!</i>	29 HAPPY BIRTHDAY, HARRIET! 9:30 Morning Exercise with Kristen 10:15 Piano Sing-Along w/Kristen 1:00 / 2:00 Fitness with Ann 1:00 / 2:00 Chime Choir w/Kristen 3:00 Margaritaville Celebration: Jimmy Buffett Day 6:00 Music and Movement with Ann
30 9:30 / 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 Movie: <i>The Sheep Detectives</i> 1:15 Resident Council Meeting 2:30 Iced Tea Social with Ann 3:00 Bingo with Ann 6:00 Inspirational Stories & Music	31 9:30 Xylophone Chime Bar Choir 9:30 Baking: Zucchini Bread 1:15 Folk Harp 2:30 Songwriting 1:15 Pictionary with Kristen 2:30 Balloon Volleyball 3:00 Music & Reminiscing w/Emily 3:00 Fitness with Kristen 3:00 Build a Lego Car with Ann 4:00 Rosary with Ann 6:00 Broadway Karaoke w/Kristen	August 2026 Activity Calendar <i>Location: Cypress / Azalea / Outing / Patio</i> Questions? (612) 608-1478 Trouvaille — Memory Care —				