

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2026 Activity Calendar

*Location: Cypress / Azalea / Outing / Patio*

**1**  
 9:30 [Exercise and Chime Choir w/Emily and Minnetonka Students](#)  
 9:45 [Excelsior Trolley & Lunch](#)  
 1:15 Music with Kristen and Emily  
 3:00 Fitness with Ann–Sunroom  
 3:00 Piano Music with Emily  
 3:00 Watercoloring with Kristen  
 6:00 [Bible Study with Bill & Peggy](#)

**2**  
 9:30 [Exercise & Devotions/Hymns](#)  
 9:30 Gardening with Ann  
 1:15 Read and Reminisce w/Ann  
 1:15 Folk Harp with Emily  
 3:00 [Music & Reminiscing with Emily and Minnetonka Students](#)  
 3:00 Fitness with Ann  
 6:00 [Music with Denise Cochran](#)

**3** **HAPPY BIRTHDAY, DAVID!**  
 9:30 Music & Movement w/Emily  
 10:00 Choir Rehearsal with Emily  
 1:15 [Music Bingo with Emily](#)  
 2:30 Snacks and Chats  
 3:00 Fitness with Emily  
 3:30 Piano Music with Emily  
 6:30 [Todd Anderson Performs Singing Cowboy Show](#)

**4** **INDEPENDENCE DAY**  
 9:30 Morning Exercise  
 10:00 [Piano Music with Lydia](#)  
 1:00 Fitness with Ann  
 2:00 America’s Birthday Party  
 6:00 July 4th Music and Small Fireworks with Ann

**5** **HAPPY BIRTHDAY, CAROL!**  
 9:30 / 9:30 Daily Chronicles & Exercise  
 10:30 [Onsite Church Service with Westwood Volunteers](#)  
 1:00 Fitness with Ann  
 2:00 Video Story with Ann  
 3:30 Bingo with Ann  
 6:00 Hymn Sing and Scripture with Evening Stretches

**6** **HAPPY BIRTHDAY, MICK!**  
 9:30 Music & Movement w/Emily  
 10:00 Xylophone Chime Bar Choir  
 1:15 Folk Harp Music with Emily  
 1:15 Discover Bill Haley w/Kristen  
 2:30 Basketball w/Kristen  
 3:00 Fitness with Kristen  
 4:00 Rosary in the Sunroom  
 6:00 Broadway Karaoke w/Kristen

**7**  
 9:30 [Harp/Piano w/Gail S & Emily](#)  
 9:30 Violin Music and Exercise  
 1:00 [Eden Prairie Mall Outing](#)  
 1:15 Piano Music with Emily  
 1:15 Shake-Loose-a-Memory Game with Kristen  
 2:15 Poetry Group / Folk Harp  
 3:00 [Music & Reminiscing with Emily and Minnetonka Students](#)  
 3:00 Fitness with Kristen  
 6:00 Crooners Sing-Along

**8**  
 9:30 Summer Craft with Heather and Connie  
 9:30 Violin Music with Ann  
 10:00 Morning Exercise with Ann  
 1:15 Music with Ann  
 1:30 Bingo with Suzanne and Lynn  
 3:00 Fitness with Ann–Sunroom  
 6:00 [Bible Study with Bill & Peggy](#)

**9**  
 9:30 Morning Exercise with Ann  
 10:00 [Devotions/Hymns with Nancy and Ann](#)  
 1:15 Radio Days and Memories with Ann  
 1:15 Dulcimer Music with Kristen  
 3:00 Name-that-Tune with Kristen  
 3:00 Fitness with Ann  
 6:00 Jeopardy with Kristen

**10**  
 9:30 Morning Exercise w/Kristen  
 10:00 [Accordion Music with Allen](#)  
 1:15 [Music Bingo with Kristen](#)  
 2:30 Snacks and Chats  
 3:00 Fitness with Kristen  
 3:30 Piano Music with Kristen  
 6:00 [Music with Mira and Friends](#)

**11**  
 9:30 Morning Exercise w/Kristen  
 10:15 Chime Choir with Kristen  
 1:00 Fitness with Ruth  
 1:00 Music of the 50s w/Kristen  
 2:30 [Ice Cream Social](#)  
 3:00 [Beach Party with Kristen and Ruth](#)  
 6:00 Stories and Songs with Ruth

**12**  
 9:30 / 9:30 Daily Chronicles & Exercise  
 10:30 [Onsite Church Service with Westwood Volunteers](#)  
 1:00 Fitness with Ruth  
 2:00 World Cup Trivia with Ruth  
 3:00 Music with Ruth  
 3:30 [Minnetonka Music Club students](#)  
 6:00 Hymns/Devotions with Ruth

**13**  
 9:30 Violin & Sing Along w/Ann  
 10:00 Morning Exercise with Ann  
 1:15 Flute Music with Kristen  
 1:15 Summer Craft with Ann  
 2:30 Music Pictionary with Kristen  
 3:00 Music Word Games w/Kristen  
 3:00 Fitness with Ann  
 4:00 Rosary with Luke  
 6:00 Broadway Karaoke w/Kristen

**14**  
 9:30 Morning Exercise with Ann  
 10:00 [Catholic Mass](#)  
 1:15 Card Games with Ann  
 1:15 Piano Music with Kristen  
 2:15 Poetry Group / Dulcimer Music with Kristen  
 3:00 [Country Western Day with Ann & Kristen](#)  
 6:00 Piano Sing-Along w/Kristen

**15**  
 9:30 [MN Arboretum Outing w/Ann](#)  
 9:30 Exercise with Kristen  
 10:00 Chime Choir with Kristen  
 1:15 Guitar Music with Kristen  
 1:15 Bean Bag Toss with Ann  
 3:00 Fitness with Ann–Sunroom  
 3:00 Finish-the-Lyric with Kristen  
 6:00 [Bible Study with Bill & Peggy](#)

**16**  
 9:30 Morning Exercise with Ann  
 10:00 [Devotions/Hymns with Nancy and Ann](#)  
 1:15 Reading Group with Ann  
 1:15 Dulcimer Music with Kristen  
 2:30 [July Birthday Party](#)  
 3:30 Name-that-Tune with Kristen  
 3:30 Fitness with Ann  
 6:00 Music Jeopardy with Kristen

**17**  
 9:30 Morning Stretches & Trivia  
 10:00 [Piano Music with Gail](#)  
 1:15 [Music Bingo with Kristen](#)  
 2:30 Snacks and Chats  
 3:00 Fitness with Kristen  
 3:30 Piano Music with Kristen  
 6:00 Music Trivia with Kristen

**18** **WEAR DENIM DAY**  
 9:30 Daily Chronicles & Exercise  
 10:00 [Devotions with Nancy](#)  
 1:00 Fitness in the Garden  
 2:00 Painting on the Patio  
 3:30 Travel Video & Reminiscing with Ann  
 6:00 Sing Along, Violin, and Evening Stretches with Ann

**19**  
 9:30 / 9:30 Daily Chronicles & Exercise  
 10:30 [Onsite Church Service with Westwood Volunteers](#)  
 1:00 Fitness with Ann  
 2:30 [Ice Cream Social](#)  
 3:00 Drumming Band with Ann  
 6:00 [World Cup Finale and Games with Ann](#)

**20**  
 9:30 Music & Movement w/Emily  
 9:30 [Baking: Peach Muffins](#)  
 10:00 Xylophone Chime Bar Choir  
 1:15 Folk Harp 2:30 Songwriting  
 1:15 Short Stories with Kristen  
 2:30 Bowling with Kristen  
 3:00 Fitness with Kristen  
 3:00 Men’s Group 4:00 Rosary  
 6:00 Broadway Karaoke w/Kristen

**21** **STAFF APPRECIATION**  
 9:30 / 10:30 Guess-the-Lyric  
 9:30 / 10:30 Music and Movement  
 1:30 [Music with Monroe Wright](#)  
 1:30 [Staff Appreciation Games](#)  
 3:30 [Lutheran Church Service](#)  
 3:30 Fitness with Kristen  
 6:00 Rock & Roll Music w/Kristen  
 6:00 [Family Support Group](#)

**22**  
 9:30 Music & Movement w/Emily  
 10:00 Chime Choir with Emily  
 1:15 Music with Kristen and Emily  
 1:30 [Ice Cream Outing with Liz](#)  
 3:00 Piano Music with Emily  
 3:00 Fitness w/ Kristen–Sunroom  
 6:00 [Bible Study with Bill & Peggy](#)

**23**  
 9:30 Music & Movement w/Emily  
 10:00 [Devotions/Hymns with Nancy and Emily](#)  
 1:15 Trivia with Kristen  
 1:15 Folk Harp with Emily  
 3:00 Name-that-Tune with Emily  
 3:00 Fitness with Kristen  
 6:00 [Piano Music with Tyler](#)

**24**  
 9:30 Music & Movement w/Emily  
 10:00 Choir Rehearsal with Emily  
 1:15 [Music Bingo with Emily](#)  
 1:15 Whiteboard Games w/Kristen  
 2:30 Snacks and Chats  
 3:00 Piano Music with Emily  
 3:00 [Fitness with Kristen and Minnetonka Students](#)  
 6:00 Music Trivia with Kristen

**25**  
 9:30 Morning Exercise w/Kristen  
 10:15 Cowboy Songs w/Kristen  
 1:00 / 2:00 Fitness with Ruth  
 1:00 / 2:00 Piano Music w/Kristen  
 3:00 Bingo with Kristen and Ruth  
 6:00 Stories and Songs with Ruth

**26**  
 9:30 / 9:30 Daily Chronicles & Exercise  
 10:30 [Onsite Church Service with Westwood Volunteers](#)  
 1:00 Fitness with Ruth  
 2:00 [French Culture Day with Ruth](#)  
 3:00 Music with Ruth  
 3:30 [Minnetonka Music Club students](#)  
 6:00 Hymns/Devotions with Ruth

**27**  
 9:30 Music & Movement w/Emily  
 10:00 Xylophone Chime Bar Choir  
 1:15 Folk Harp Music with Emily  
 1:15 Short Stories with Kristen  
 2:30 [Ice Cream Treats in Appreciation of Michelle](#)  
 3:00 Music & Reminiscing w/Emily  
 3:00 Fitness with Kristen  
 6:00 Broadway Karaoke w/Kristen

**28** **HAPPY BIRTHDAY, JERI!**  
 9:30 Music and Movement w/Emily  
 10:00 [Grace and Piano Teachers’ Recital](#)  
 1:15 / 3:00 Piano Music with Emily  
 1:15 Patriotic Craft w/Ann & Kris  
 2:15 Poetry Group / Folk Harp  
 3:00 [Sandwich Service Project](#)  
 4:00 Fitness with Kristen  
 6:00 Folk Songs w/Kristen

**29**  
 9:30 Chime Choir with Emily  
 10:00 [Sandwich Drop-Off & Lunch](#)  
 1:15 Folk Harp Music with Emily  
 2:30 Painting on the Patio w/Ann  
 3:30 Fitness with Ann–Sunroom  
 3:00 Piano Music with Emily  
 6:00 [Bible Study with Bill & Peggy](#)

**30**  
 9:30 [Exercise & Devotions/Hymns](#)  
 9:30 Gardening with Ann  
 1:00 [Service Project w/Students](#)  
 2:30 Folk Harp w/Emily–Sunroom  
 3:00 Name-that-Tune with Emily  
 3:00 Fitness with Ann  
 3:00 Painting with Kristen  
 6:00 Jeopardy with Kristen

**31**  
 9:30 Music & Movement w/Emily  
 10:00 Choir Rehearsal with Emily  
 1:15 [Music Bingo with Emily](#)  
 1:15 Whiteboard Games w/Kristen  
 2:30 Snacks and Chats  
 3:00 Piano Music with Emily  
 3:00 Fitness with Kristen  
 6:00 Music Trivia with Kristen



**Trouvaille**  
 Memory Care

**Questions?**  
 (612) 608-1478