

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 NEW YEAR'S DAY 9:00 / 9:00 Livestream Westwood 10:30 / 10:30 Exercise/Balloons 1:00/2:00 New Year's Resolutions 3:00 Winter Craft with Tom 6:00 Stretches & Stories w/Tom 2 SUNDAY 9:00 / 9:00 Livestream Westwood 10:30 / 10:30 Exercise/Balloons 1:00 / 2:00 Watercoloring w/Tom 3:00 Table Talks with Tom 6:00 Stretches & Devotional 7:20 p.m. Vikings vs. Green Bay	3 HAPPY BIRTHDAY, COLLEEN! 9:30 / 10:15 Balloon Toss 9:30/10:15 Exercise and News 1:00 / 2:00 Snowman Craft 1:00 Baker's Club: Oatmeal Bars 3:00 Manicures and Massages 3:00 Puzzles and Coloring 6:00 Devotions with Natalie 6:30 MN Wild Hockey vs. Senators	4 HAPPY BIRTHDAY, DALE! 9:30 / 10:15 Bell Choir with Emily 10:15 / 9:30 Exercise and News 1:00 / 2:00 Piano Music w/Emily 1:00 Devotions with Terri 1:30 / 2:00 Card Games w/Ann 3:00 Dale's Birthday Celebration 3:30 Literary Group with Emily 4:00 1:1 Visits with Tom 6:15 Music with Allen Carlson	5 9:30 Songwriting Project w/Emily 10:15 Music Word Games 10:15 / 9:30 Exercise and News 1:00 / 2:00 Hapi Drums w/Emily 1:15 Baker's Club: Bread w/Ann 3:00 Watercoloring with Ann 3:00 Choir Rehearsal w/Emily 4:00 Craft Time with Tom 6:00 Stretches/Devotions w/Tom 7:00 Trivia with Tom	6 9:30 / 10:15 Musical Bulls-Eye 10:00 Catholic Mass in Sunroom 12:00 Friends Lunch with Ann 1:00 / 2:00 Hymns with Emily 1:00 Scrabble and Board Games with Ann 3:00 Name-that-Tune w/Emily 3:00 Watercoloring w/Ann 4:00 Whack-A-Balloon 6:00 Stretches & Jeopardy w/Tom 6:00 MN Wild Hockey 7:00 Table Talks with Tom	7 9:30 / 10:15 Chime Choir w/Emily 9:30 / 10:15 YouTube Church 1:00 Devotions with Nancy 1:00 Name-that-Tune w/Emily 2:00 Happy Hour & Music Bingo 3:30 Piano with Emily 4:00 Word Games with Tom 6:00 Stretches & Fill-in-Phrase 7:00 Travel Club with Tom	8 HAPPY BIRTHDAY, MARY P! 9:30 / 10:30 Music with Raina 9:30 / 10:30 Manicures and Glamour Time 1:00 / 2:00 String Art with Ann 3:00 Bill Koncar Accordion Music 6:00 Everything Elvis Celebration 7:00 MN Wild Hockey	
9 9:00 / 9:00 Livestream Westwood Church Service 10:30 / 10:30 Exercise/Balloons 12:00 Vikings vs. Bears 1:00 / 2:00 Winter Craft with Ann 3:00 Manicures and Massage 4:00 Rosary with Ann Sunroom 6:00 Songs and Stories with Ann	10 9:30 / 10:15 Music Pictionary 10:15 / 9:30 Exercise and News 1:00 / 2:00 Reverie Harp w/Emily 1:00 Baker's Club: Pinwheels 3:00 Shake Loose a Memory 3:00 Music Word Games w/Emily 6:00 Devotions with Natalie	11 HAPPY BIRTHDAY, SANDY! 9:30 / 10:15 Bell Choir with Emily 9:30 / 10:15 Exercise and News 1:00 / 3:00 Piano Music w/Emily 1:00 / 2:00 Card Games w/Ann 2:00 Literary Group with Emily 2:30 January Birthday Bash 3:15 Reminiscing with Ann 4:00 "True or False" with Tom 6:00 Stretches & Bingo with Tom 7:00 You Be the Judge w/Tom	12 National Hot Tea Day 9:30 / 10:15 Music/Reminiscing 10:15 Pet Therapy with Daisy 1:00 / 2:00 Hapi Drums w/Emily 1:15 Baker's Club: Cookies 2:30 Tea Tasting with Ann 3:15 Choir Rehearsal w/Emily 4:00 Craft Time with Tom 6:00 Stretches/Devotions w/Tom 7:00 True or False with Tom 6:00 Family Support Group	13 9:30 / 10:15 Finish-the-Line 9:30 / 10:15 Exercise and News 12:00 Resident Council Lunch 1:00 / 2:00 Hymns with Emily 1:00 Scrabble and Board Games 3:00 Name-that-Tune w/Emily 3:00 Watercoloring with Ann 4:00 Balloon & Noodle Games 6:00 Stretches & Poetry Reading 7:00 Reminisce with Tom	14 9:30 / 10:15 Chime Choir w/Emily 9:30 / 10:15 YouTube Church 1:00 Devotions with Nancy 1:00 Name-that-Tune w/Emily 2:00 Happy Hour & Music Bingo 3:30 Piano with Emily 4:00 Word Games with Tom 6:00 Stretches & Word Games 7:00 Travel Club with Tom 7:00 MN Wild Hockey	15 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Glamour Time 1:00 / 2:00 Craft with Tom 3:00 Parachute Games w/Tom 6:00 Stretches & Stories w/Tom 7:00 Reminiscing with Tom	
16 9:00 / 9:00 Livestream Westwood Church Service 10:30 / 10:30 Exercise/Balloons 1:00 / 2:00 Watercoloring w/Tom 3:00 Craft with Tom 6:00 Stretches, Devotionals, & Hymns w/Tom 7:00 Bible Trivia with Tom	17 Martin Luther King Day 9:30 Martin Luther King Remembrance Program 10:15 Exercise with Ann & Emily 10:15 / 9:30 Exercise and News 1:00 / 2:00 Reverie Harp w/Emily 1:00 Baker's Club: Pecan Pie Bars 2:00 MN Wild Hockey 3:00 Quilting Boards with Ann 3:00 Music Word Games w/Emily 6:00 Devotions with Natalie	18 HAPPY BIRTHDAY, CONNIE! 9:30 / 10:15 Bell Choir with Emily 10:15 / 9:30 Exercise and News 1:00 / 3:30 Piano Music w/Emily 1:00 Devotions with Terri 1:30 / 2:00 Card Games w/Ann 3:00 Lutheran Church Service 3:00 Reminiscing with Ann 4:00 1:1 Visits with Tom 6:00 Stretches & Bingo with Tom 7:00 Game Time with Tom	19 9:30 Songwriting Project w/Emily 10:15 Music Word Games 10:15 / 9:30 Exercise and News 1:00 / 2:00 Hapi Drums w/Emily 1:15 Baker's Club: Pizza 3:00 Choir Rehearsal w/Emily 3:30 Craft with Tom and Ann 6:00 Stretches/Devotions w/Tom 7:00 Trivia with Tom	20 9:30 / 10:15 Guess-the-Lyric 9:30 / 10:15 Exercise and News 12:00 Friends Lunch with Ann 1:00 / 2:00 Hymns with Emily 1:00 / 2:00 Penguin Craft 3:00 Name-that-Tune w/Emily 3:00 Board Games/Puzzles w/Ann 4:00 Whack-A-Balloon 6:00 Stretches & Jeopardy w/Tom 7:00 Table Talks with Tom	21 9:30 / 10:15 Chime Choir w/Emily 9:30 / 10:15 YouTube Church 1:00 Devotions with Nancy 1:00 Name-that-Tune w/Emily 2:00 Happy Hour & Music Bingo 3:30 Piano with Emily 4:00 Word Games with Tom 6:00 Stretches & Fill-in-Phrase 7:00 Travel Club with Tom 7:30 MN Wild Hockey	22 9:30 / 10:30 Music with Raina 9:30 / 10:30 Manicures and Glamour Time 1:30 Winter Craft with Ann 3:00 Piano with Lydia 6:00 Casino Night 8:00 MN Wild Hockey	
23 9:00 / 9:00 Livestream Westwood Church Service 10:30 / 10:30 Exercise/Balloons 1:00 Manicures and Massage 3:00 Winter Craft with Ann 6:00 Violin Music With Ann	24 9:30 / 10:15 Madlibs Songwriting 10:15 / 9:30 Exercise and News 1:00 / 2:00 Reverie Harp w/Emily 1:00 Baker's Club: Coffee Cake 3:00 Puzzles w/Ann 3:00 Music Word Games w/Emily 6:00 Piano Music with Mike 7:00 MN Wild Hockey	25 9:30 Violin & Piano Performance with Ann & Emily 1:00 / 3:30 Piano Music w/Emily 1:00 / 2:00 Card Games w/Ann 2:30 Volunteer Sandwich-Making for Sandwich Project 3:30 Coloring and Puzzles 4:00 "True or False" with Tom 6:00 Stretches & Bingo with Tom 7:00 You Be the Judge w/Tom	26 9:30 / 10:15 Music/Reminiscing 9:30 Sandwich Project Drop-Off 1:00 / 2:00 Hapi Drums w/Emily 1:15 Baker's Club: Little Hot Dog Wraps 3:00 Quilting Boards with Ann 3:00 Choir Rehearsal w/Emily 4:00 Craft Time with Tom 6:00 Immanuel Lutheran Student Service Project	27 9:30 / 10:15 Music Jigsaw Puzzles 10:15 / 9:30 Exercise and News 12:00 Friends Lunch with Ann 1:00 / 2:00 Hymns with Emily 1:00 Scrabble and Board Games 3:00 Name-that-Tune w/Emily 3:00 Shake Loose a Memory 4:00 Balloon & Noodle Games 6:00 Stretches & Short Stories 7:00 Reminisce with Tom	28 9:30 / 10:15 Chime Choir w/Emily 9:30 / 10:15 YouTube Church 1:00 Devotions with Nancy 1:00 Name-that-Tune w/Emily 2:00 Happy Hour & Music Bingo 3:30 Piano with Emily 4:00 Word Games with Tom 6:00 Stretches & Word Games 6:00 MN Wild Hockey 7:00 Travel Club with Tom	29 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Glamour Time 1:00 / 2:00 Craft with Tom 3:00 Curtis & Loretta Music Performance 6:00 Stretches & Stories w/Tom 7:00 Reminiscing with Tom	
30 9:00 / 9:00 Livestream Westwood 10:30 / 10:30 Exercise/Balloons 1:00 / 2:00 Watercoloring w/Tom 3:00 Craft with Tom 6:00 Stretches/Devotions w/Tom 6:30 MN Wild Hockey 7:00 Bible Trivia with Tom	31 9:30 / 10:15 String-the-Song Title 10:15 / 9:30 Exercise and News 1:00 / 2:00 Reverie Harp w/Emily 1:00 Baker's Club: Lemon Muffins 3:00 Shake Loose a Memory 3:00 Music Word Games w/Emily 6:00 Devotions with Natalie	<h1>January Activity Calendar</h1> <p>Location: <i>Cypress</i> / <i>Azalea</i> / <i>Outing</i> / <i>Conference Room</i></p>				 <h1>TROUVAILLE</h1>	