

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY 9:30 Music/Movement with Emily 10:00 Labor Day History and Music/Reminiscing with Emily 1:15 Folk Harp Music with Emily 2:15 Piano Music with Emily 3:00 Music Word Games w/Emily 6:00 Music with Matthew Gogola	2 9:30 Harp and Piano Duets with Emily and Gail S 10:30 Bell Choir with Emily 1:15 / 3:00 Piano Music with Emily 1:15 Whiteboard Games w/ Kristen 2:15 Poetry Group / Folk Harp 3:00 Fitness with Kristen 6:00 Broadway Karaoke w/Kristen	3 9:30 Songwriting with Emily 9:30 Scarf Exercises & Movement 1:15 Folk Harp Music with Emily 1:30 Noerenberg Park and Dairy Queen Outing with Ann 3:00 Piano Music with Emily 4:00 Rosary with Ann–Sunroom 6:00 Devotions with Nancy	4 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Reading Club with Ann 1:15 Hymns/Folk Harp with Emily 1:15 Watercoloring with Kristen 2:15 Trouwaille Piano Showcase: Music of Trouwaille Residents 4:00 Fitness with Kristen 6:00 Piano Music with Tyler	5 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 1:15 Music Bingo with Emily 2:30 Happy Hour 3:00 Piano Music with Emily 3:15 Fitness with Kristen 6:00 Music Trivia with Kristen 7:00 Movie and Popcorn	6 9:15 / 9:15 Glamour Time 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 1:00 Nordic Music Festival Outing with Ann 1:00 Flute Music with Kristen 3:00 Musical Jeopardy w/ Kristen 6:00 Campfire Music and S'mores with Ann and Kristen
7 HAPPY BIRTHDAY, RENATE! GRANDPARENTS' DAY! 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:00 Fall Craft with Abbi 2:00 Grandparents' Day Celebration 6:00 Songs to Make You Smile with Abbi	8 VIKINGS SPIRIT WEAR 9:30 Guess-the-Lyric with Emily 9:30 Baking: Blueberry Muffins 1:15 / 2:30 Harp and Tubano Drum 1:15 Reverie Harp with Kristen 1:15 Bachman's Outing with Ann 2:00 Basketball with Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 6:00 Piano Sing-Along w/Kristen 7:15 VIKINGS VS BEARS	9 9:30 Musical Emotions with Emily 9:30 Catholic Mass in Sunroom 1:15 / 3:00 Piano Music with Emily 1:15 Blessing House Outing 1:15 Pictionary with Kristen 2:15 Poetry Group / Folk Harp 3:00 Fitness with Kristen 6:00 Broadway Karaoke w/Kristen	10 9:30 Songwriting with Emily 9:30 Fall Garden Pot Planting 1:00 Trouwaille Bridal Shower and Bridal Bingo 3:30 Fitness with Kristen 4:00 Rosary with Ann–Sunroom 6:00 Piano Music with Peggy	11 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Reading Club with Ann 1:15 Hymns/Folk Harp with Emily 1:15 Maple Leaf Craft w/Kristen 3:00 Name-that-Tune with Emily 3:00 Patriotic Day Craft and Music with Ann 3:00 Fitness with Kristen 6:00 Jeopardy with Kristen	12 9:30 Balloon Toss/Exercise 1:15 Music Bingo with Kristen 2:30 Happy Hour 3:15 Fitness with Kristen 6:00 Music Trivia with Kristen 7:00 Movie and Popcorn	13 9:15 / 9:15 Glamour Time 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 1:00 MN Landscape Arboretum Outing with Ann 1:00 Piano Music with Kristen 3:00 Name-that-Tune with Kristen 6:00 Music and Movement with Ann and Kristen
14 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:00 “Where in the World?” Game with Ann 3:00 Bingo with Ann 6:00 Hymns and Scripture with Ann 7:20 VIKINGS VS FALCONS	15 HAPPY BIRTHDAY, SHELL! 9:30 Name Songs with Emily 9:30 Baking: Molasses Cookies 1:15 / 2:30 Harp and Tubano Drum 1:15 Devotions with Ann 1:15 Short Stories with Kristen 2:00 Balloon Volleyball w/Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 6:00 Piano Sing-Along w/Kristen	16 JOSE APPRECIATION DAY 9:30 Jose Appreciation Event 11:30 Couples' Lunch: Hazelwood 1:15 / 3:30 Piano Music with Emily 1:15 Whiteboard Games w/ Kristen 2:15 Poetry Group / Folk Harp 3:00 Fitness with Kristen 3:00 Sensory Time with Ann 3:00 Lutheran Church Service 6:00 Broadway Karaoke w/Kristen 6:00 Family Support Group	17 9:30 Songwriting with Emily 9:30 Gardening Art with Ann: Seeds and Grains 1:15 Folk Harp Music with Emily 1:15 Fitness and Games with Ann 2:30 September Birthday Party 3:30 Piano Music with Emily 4:00 Rosary with Ann–Sunroom 6:00 History with Jayna: Rosie	18 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Reading Club with Ann 1:15 Hymns/Folk Harp with Emily 1:15 Four Seasons Craft w/Kristen 3:00 Annual Trouwaille Scarecrow Building on the Patio 6:00 Piano Music with Tyler	19 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 1:15 Music Bingo with Emily 1:15 Sensory Group with Kristen 2:30 Happy Hour 3:00 Piano Music with Emily 3:15 Fitness with Kristen 6:00 Music Trivia with Kristen 7:00 Movie and Popcorn	20 9:15 / 9:15 Glamour Time 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 1:00 Devotions with Abbi 3:00 Bingo with Abbi 6:00 Songs to Make You Smile with Abbi
21 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 12:00 VIKINGS VS BENGALS 1:00 Music on the Patio with Abbi 3:00 Balloon Volleyball with Abbi 6:00 Musical Trivia with Abbi	22 9:30 Music and Movement w/Ann 1:15 Baker's Club with Ann: Homemade Applesauce 1:15 Flute Music with Kristen 2:00 Musical Jeopardy w/Kristen 3:00 Fitness with Kristen 3:00 Manicures with Ann 6:00 Piano Sing-Along w/Kristen	23 9:30 / 10:30 Music/Reminiscing 9:30 MN Landscape Arboretum 1:15 / 3:00 Piano Music with Emily 1:15 Violin Music with Ann 1:15 Whiteboard Games w/Kristen 2:15 Poetry Group / Folk Harp 3:00 Sandwich Service Project 4:00 Fitness with Kristen 6:00 Broadway Karaoke w/Kristen	24 9:30 Songwriting with Emily 10:00 Sandwich Drop-Off Outing & Sculpture Garden Picnic 1:15 Folk Harp Music with Emily 3:00 Piano Music with Emily 3:00 Fitness with Ann 4:00 Rosary with Ann–Sunroom 6:00 Accordion Music with Bill K	25 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Reading Club with Ann 1:15 Hymns/Folk Harp with Emily 3:00 Name-that-Tune with Emily 3:00 Fitness with Ann 6:00 Piano Music with Gail	26 9:30 Balloon Toss/Exercise 1:15 Music Bingo with Emily 2:30 Happy Hour 3:00 Piano Music with Emily 6:00 Choir Rehearsal with Emily	27 HAPPY BIRTHDAY, MAXINE! 9:15 / 9:15 Glamour Time 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 1:00 Art with Ann 3:00 Bingo with Ann 6:00 Violin, Music Sing Along and Exercise with Ann
28 8:30 VIKINGS VS STEELERS 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:00 “Where in the World?” Game with Ann 3:00 Bingo with Ann 6:00 Hymns and Scripture with Ann	29 9:30 Music Pictionary with Emily 9:30 Baker's Club: Oatmeal Butterscotch Cookies 1:15 Folk Harp Music with Emily 1:15 Devotions with Ann 2:30 Tubano Drum with Emily 3:00 Music Word Games w/Emily 3:00 Fitness with Ann 6:00 Devotions with Natalie	30 9:30 / 10:30 Music/Reminiscing 9:30 / 10:30 News and Exercise 1:00 Apple Jack Orchard Outing 1:15 / 3:00 Piano Music with Emily 2:15 Poetry Group / Folk Harp with Emily 6:00 Music with Denise	<h1>September 2025 Activity Calendar</h1> <p><i>Location: Cypress / Azalea / Outing / Patio</i></p> <p>Questions? Contact Ann or Emily: (612) 608-1478 awebb@trouvaillehomes.com & eolson@trouvaillehomes.com</p>			