

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 1:00 Chair Fitness and Violin Music with Ann 3:00 <u>Bingo with Ann</u> 6:00 Scripture and Hymn Sing-Along with Ann	2 9:30 Music & Reminiscing w/Emily 9:30 <u>Baker's Club: Madeleines</u> 1:00 <u>1:1 Painting Sessions w/Suzy</u> 1:15 / 2:30 Harp / Music Pictionary 1:15 Short Stories w/Kristen 2:30 Balloon Volleyball w/Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 3:00 Men's Group with Ann 4:00 Rosary in Den with Ann 6:00 Broadway Karaoke w/Kristen	3 9:30 / 10:30 Harp/Piano Duets with Emily and Gail S 9:30 / 10:30 Sing-Along and Stretches with Ann 1:15 / 3:00 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 1:15 <u>Arb Flower Show Outing</u> 2:15 Poetry Group / Folk Harp 2:15 Music Jeopardy w/Kristen 3:00 Fitness with Kristen 6:00 Piano Sing-Along w/Kristen	4 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 <u>Reading Club w/Suzanne</u> 1:15 Folk Harp Music with Emily 1:30 Crafting with Ann 2:00 Songwriting with Emily 3:00 Fitness w/Ann-Sunroom 3:00 Piano Music with Emily 6:00 <u>Devotions with Nancy</u>	5 9:30 <u>Devotions and Hymns with Nancy and Emily</u> 9:30 Globe Craft for Outdoors 1:15 Folk Harp & Music/Movement 1:15 Poetry w/Ann and Suzanne 1:15 Make Valentines w/Kristen 3:00 Dice Games w/Kristen 3:00 Name-that-Tune with Emily 3:00 Fitness with Ann 6:00 <u>Piano Music with Tyler</u>	6 NATIONAL WEAR RED DAY 9:30 Music & Movement w/Emily 10:00 <u>Choir Rehearsal with Emily</u> 1:15 <u>Music Bingo with Emily</u> 1:15 Scrabble with Kristen 2:30 <u>Happy Hour</u> 3:00 Piano Music with Emily 3:15 Fitness with Kristen 6:00 Winter Olympics Trivia 7:00 Movie Night and Popcorn: "Miracle"	7 9:30 / 9:30 Daily Chronicles and Exercise 1:00 Chime Choir with Kristen 2:00 Music Jeopardy with Kristen 3:00 <u>Dulcimer Music with Lori Ronchak</u> 6:00 Piano Music with Kristen
8 HAPPY BIRTHDAY, LYNN! HAPPY BIRTHDAY, PAT! 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 1:00 Weight Lifting with Abbi 2:30 <u>Super Bowl Tailgate Party</u> 3:30 <u>Minnetonka Musical Volunteering Club performs</u> 5:30 <u>Super Bowl Football Game</u> 6:00 Music with Abbi	9 9:30 Name Songs with Emily 9:30 <u>Baker's Club: Cut-Out Cookies</u> 1:15 Folk Harp Music with Emily 1:15 Short Stories w/Kristen 1:30 Decorate Cut-Out Cookies 2:30 Basketball w/Kristen 3:00 Fitness with Kristen 3:00 Men's Group with Ann 4:00 Rosary in Den with Ann 6:00 Broadway Karaoke w/ Kristen	10 9:30 Musical Emotions with Emily 9:30 <u>Catholic Mass in Sunroom</u> 1:15 / 3:30 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 1:15 Sensory Time with Ann 2:30 <u>February Birthday Bash</u> 3:30 Fitness with Kristen 3:30 Watercoloring with Ann 6:00 Guitar Music with Kristen 6:00 <u>History Presentation w/Jayna</u>	11 WEAR RED/PINK DAY 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Folk Harp Music with Emily 1:15 Pictionary with Kristen 1:15 <u>Reading Club w/Suzanne</u> 2:15 <u>Trouvaille Choir Concert</u> 3:30 Piano Music with Emily 3:30 Fitness w/Kristen-Sunroom 3:30 <u>Mtka Student Volunteers</u> 6:00 <u>Piano Music with Gail S</u>	12 9:30 <u>Devotions and Hymns with Nancy and Ann</u> 11:30 <u>Valentine's Couples Lunch</u> 1:15 Hymns with Kristen 1:15 Discover MN Authors 2:30 <u>Olympic Games with Ann and Kristen</u> 6:00 <u>Valentine's Jeopardy with Kristen</u>	13 9:30 Music & Movement w/Emily 10:00 <u>Guess-the-Lyric w/Emily</u> 11:00 <u>Devotions with Katy</u> 1:15 <u>Music Bingo with Emily</u> 2:30 <u>Happy Hour</u> 3:00 Piano Music with Emily 6:00 <u>Todd Anderson performs Elvis Valentine show</u>	14 VALENTINE'S DAY 9:30 / 9:30 Daily Chronicles and Exercise 1:00 Fitness with Ann 2:30 <u>Valentine's Tea Party</u> 4:00 Trivia with Ann 6:00 <u>Valentine's-Themed Sing-Along & Violin Music w/Ann</u> 7:00 Movie Night
15 HAPPY BIRTHDAY, JANE! 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 1:00 Music with Ann 2:00 Chair Yoga and Scarf Dances with Ann 3:30 <u>Resident Council Meeting</u> 6:00 Scripture and Hymn Sing-Along with Ann	16 PRESIDENTS' DAY 9:30 Music & Reminiscing w/Emily 9:30 <u>Baker's Club: Cherry Pie Bars</u> 1:15 / 2:30 Harp / Finish-the-Lyric 1:15 Presidential Trivia w/Kristen 1:30 Watercoloring with Ann 2:30 Balloon Volleyball w/Kristen 3:00 Music Word Games w/Emily 3:00 Men's Group with Ann 3:00 Fitness with Kristen 4:00 Rosary in Den with Ann 6:00 Broadway Karaoke w/ Kristen	17 6pm Family Support Group 9:30 Chime Choir with Emily 9:30 <u>Arb Flower Show Outing</u> 1:15 / 3:30 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 1:15 Discover Mardi Gras Video 2:00 <u>Mardi Gras Celebration and Trouvaille Royal Court Crownning</u> 3:00 <u>Lutheran Church Service</u> 3:00 Fitness with Kristen 3:30 Sensory Group with Ann 6:00 Piano Sing-Along w/Kristen	18 ASH WEDNESDAY 9:30 Hymns with Emily & Kristen 10:00 <u>Ash Wednesday Service</u> 1:15 Folk Harp Music with Emily 1:15 Watercoloring with Kristen 1:15 <u>Reading Club w/Suzanne</u> 1:30 Motown and Black History with Ann 2:00 Songwriting with Emily 3:00 Fitness w/Kristen 3:30 <u>Minnetonka Students' Skit</u> 6:00 <u>Ash Wednesday Service</u>	19 9:30 <u>Devotions and Hymns with Nancy and Emily</u> 9:30 Gardening Bird Feeder Craft 1:15 Folk Harp & Music/Movement 1:15 Poetry by David Mura 1:15 Scrabble with Kristen 2:30 <u>Chan-o-Laires Choir Concert</u> 4:00 Fitness with Kristen 6:00 <u>Piano Music with Tyler</u>	20 9:30 Music & Movement w/Emily 10:00 <u>Choose New Choir Songs</u> 1:15 <u>Music Bingo with Emily</u> 1:15 Hapi Drum with Kristen 2:30 <u>Happy Hour</u> 3:00 Piano Music with Emily 3:15 Fitness with Kristen 6:00 <u>TV Music Themes w/Kristen</u>	21 9:30 Daily Chronicles and Exercise with Colette 1:00 Music and Movement with Abbi 2:00 Bingo with Abbi 3:00 <u>Piano Music with Lydia</u> 6:00 Songs to Make You Smile with Abbi
22 9:30 / 9:30 Daily Chronicles & Exercise 10:30 <u>Onsite Church Service with Westwood Volunteers</u> 1:00 Name-that-Tune with Abbi 2:00 Fitness with Abbi 3:30 <u>Minnetonka Musical Volunteering Club performs</u> 6:00 Evening Hymn-Sing with Abbi	23 9:30 Musical Decades with Emily 9:30 <u>Baker's: Sweet Potato Pie</u> 1:15 / 2:30 Harp / Hapi Drum 1:15 Pictionary w/Kristen 1:30 Spa and Manicures with Ann 3:00 Music Word Games w/Emily 3:00 Men's Group with Ann 3:00 Fitness with Kristen 4:00 Rosary in Den with Ann 6:00 Broadway Karaoke w/ Kristen	24 9:30 Music & Reminiscing 9:30 <u>Chaska Track Walking and Lunch at Lion's Tap with Ann</u> 1:15 / 3:00 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 2:15 Poetry Group / Folk Harp 3:00 <u>Sandwich Service Project</u> 4:00 Fitness with Kristen 6:00 Piano Sing-Along w/Kristen	25 9:30 Flute/Piano w/Kristen & Emily 10:00 <u>Sandwich Drop-Off & Lunch</u> 1:15 Folk Harp Music with Emily 1:15 Games with Kristen 1:15 <u>Reading Club w/Suzanne</u> 2:00 Craft with Ann 2:00 Songwriting with Emily 3:00 Fitness w/Kristen 3:30 <u>Mtka Students' Talent Show</u> 6:00 <u>Bible Study w/Bill & Peggy</u>	26 9:30 <u>Devotions and Hymns with Nancy and Ann</u> 9:30 Planting Indoor Plants 1:15 Discover MN Authors 1:15 Scrabble with Kristen 3:00 Art with Kristen 3:00 Fitness with Ann 6:00 <u>Jeopardy with Kristen</u>	27 10:00 <u>Bible Study/Hymns with Bill and Peggy</u> 11:00 <u>Devotions with Katy</u> 1:15 <u>Music Bingo with Kristen</u> 2:30 <u>Happy Hour</u> 3:15 Fitness with Kristen 6:00 <u>One-Hit Wonders with Kristen</u>	28 9:30 Daily Chronicles and Exercise with Colette 1:00 Music with Ann 2:00 <u>Lunar New Year Celebration with Ann</u> 4:00 Travel Exploration with Ann 6:00 Sing-Along with Ann-Women Composers and Singers of the 70's

February 2026 Activity Calendar

Location: **Cypress / Azalea / Outing / Conference Room**

Questions? (612) 608-1478