

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 SATURDAY 10:00 / 10:00 Exercise 1:00 Devotions with Abbi 3:00 Bingo with Abbi 6:00 Songs to Make You Smile 2 SUNDAY 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:15 Trivia / Basketball with Abbi 3:00 Classical Music History Presentation with Abbi 6:00 Evening Hymn-Sing with Abbi	3 9:30 Music/Reminiscing w/Emily 9:30 Baker's Club: Banana Pudding Cookies 1:15 / 2:15 Harp / Music Pictionary 1:15 Devotions with Ann 1:15 Whiteboard Games w/Kristen 2:00 Music Jeopardy w/Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 6:00 Piano Sing-Along w/Kristen	4 9:30 / 10:30 Bell Choir with Emily 9:30 / 10:30 News and Exercise 1:15 / 3:00 Piano Music with Emily 1:15 Minneapolis Institute of Arts Outing with Ann 1:15 Pictionary with Kristen 2:15 Poetry Group / Folk Harp 3:00 Fitness with Kristen 6:00 Broadway Karaoke w/Kristen	5 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Folk Harp Music with Emily 1:15 Short Stories with Kristen 1:15 Painting Dreamcatchers 2:15 Trouvaille Choir Concert 3:30 Fitness with Kristen 4:00 Rosary with Luke–Sunroom 6:00 Devotions with Bill & Peggy	6 9:30 Devotions & Hymns with Nancy and Emily 9:30 Discover Nature with Ann 1:15 Reading Club with Ann 1:15 Crossword Puzzles w/Kristen 1:15 Hymns/Folk Harp with Emily 2:30 November Birthday Party 3:30 Watercoloring with Ann 3:30 Fitness with Kristen 6:00 Piano Music with Tyler	7 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 11:00 Devotions with Katy 1:15 Music Bingo with Emily 1:15 Sensory Group with Kristen 2:30 Happy Hour 3:00 Piano Music with Emily 3:15 Fitness with Kristen 6:00 Music Trivia with Kristen	8 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 1:30 Bingo with Ann 3:00 Piano Music with Lydia 6:00 Violin Music and Sing-Along with Ann
9 DAYLIGHT SAVINGS BEGINS 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:15 Chime Choir with Kristen 1:45 Wayzata Symphony Concert Outing with Ann 3:00 Flute Music with Kristen 6:00 Hymn Sing Along with Kristen	10 9:30 Music/Reminiscing w/Emily 9:30 Baker's Club: Cookies 1:15 / 2:15 Harp / Sunny Songs 1:15 Devotions with Ann 1:15 Whiteboard Games w/Kristen 2:00 Crossword Puzzles w/Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 3:00 Table Games with Ann 6:00 Piano Sing-Along w/Kristen	11 VETERANS DAY HAPPY BIRTHDAY, GAIL & EILEEN! 9:30 Veterans Day Music & Honors 10:00 Piano & Harp w/Gail & Emily 10:15 Veterans Lunch Outing 1:15 / 3:00 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 2:15 Poetry Group / Folk Harp 3:00 Sandwich Service Project 4:00 Fitness with Kristen 6:00 Broadway Karaoke w/Kristen	12 HAPPY BIRTHDAY, BILL P! 9:30 Chime Choir with Emily 9:30 Sandwich Drop-Off & Olive Garden Outing with Ann 1:15 Folk Harp Music with Emily 2:00 Watercoloring and Puzzles 3:00 Piano Music with Emily 3:00 Fitness with Ann 4:00 Rosary with Ann–Sunroom 6:00 Devotions with Nancy	13 9:30 Devotions & Hymns with Nancy and Emily 9:30 Violin Music / Exercise w/Ann 1:15 Reading Club with Ann 1:15 Scrapbooking with Kristen 1:15 Hymns/Folk Harp with Emily 3:00 Name-that-Tune with Emily 3:00 Holiday Soup Jar Assembly with Ann and Kristen 6:00 Piano Music with Gail S	14 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 1:15 Music Bingo with Emily 1:15 Sensory Group with Kristen 2:30 Happy Hour 3:00 Piano Music with Emily 3:15 Fitness with Kristen 6:00 Jeopardy with Kristen	15 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 1:00 Music and Movement with Ann 2:00 Painting with Ann 3:30 Resident Council Meeting in Sunroom 6:00 Violin Music and Sing-Along with Ann 6:30 Chair Yoga with Ann
16 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:15 Trivia with Abbi 3:00 Bingo with Abbi 6:00 Evening Hymn-Sing with Abbi	17 9:30 Music/Reminiscing w/Emily 9:30 Baking: Cran-Orange Bread 1:15 / 2:15 Harp / Guess-the-Lyric 1:15 Devotions with Ann 1:15 Scrabble w/Kristen 2:00 Music Jeopardy w/Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 3:00 Table Games with Ann 6:00 Piano Sing-Along w/Kristen	18 FAMILY SUPPORT GROUP 6PM 9:30 Musical Emotions with Emily 9:30 Catholic Mass in Sunroom 1:15 / 3:30 Piano Music with Emily 1:15 Whiteboard Games w/Kristen 1:15 Sensory Group with Ann 2:15 Poetry Group / Folk Harp 3:00 Fitness with Kristen 3:00 Holiday Jar Labeling Project 3:00 Lutheran Church Service 6:00 Broadway Karaoke w/Kristen	19 9:30 Craft with Ann and Kristen 9:30 Chime Choir with Emily 1:15 Folk Harp Music with Emily 1:15 Short Stories with Kristen 2:30 Celebration of Life Service 3:00 Fitness with Kristen 3:30 Piano Music with Emily 4:00 Rosary with Ann–Sunroom 6:00 Devotions with Bill & Peggy	20 9:30 Beach Ball Toss & Exercise 10:00 Licorice Stix Clarinet Ensemble Performance 1:15 Hymns/Folk Harp with Emily 1:30 Resident Holiday Bazaar 3:00 Sensory Craft with Ann 3:00 Name-that-Tune with Emily 3:00 Fitness with Kristen 6:00 Music with Denise C	21 9:30 Music & Movement w/Emily 10:00 Choir Rehearsal with Emily 11:00 Devotions with Katy 1:15 Music Bingo with Emily 1:15 Sensory Group with Kristen 2:30 Happy Hour 3:00 Piano Music with Emily 3:15 Fitness with Kristen 6:00 Music Trivia with Kristen	22 HAPPY BIRTHDAY, CAROLE! 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 12:45 MN Arb Concert with Ann 1:00 Flute Music with Kristen 3:00 Name-that-Tune w/Kristen 6:00 Violin and Piano Music with Ann and Kristen
23 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:00 Music with Abbi 3:00 Balloon Volleyball with Abbi 6:00 Hymn-Sing with Abbi	24 9:30 Music & Movement w/Emily 10:00 Music/Reminiscing w/Emily 1:15 / 2:15 Harp / Gratitude Songs 1:15 Whiteboard Games w/Kristen 2:00 Finish-the-Lyric w/Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 6:00 Piano Sing-Along w/Kristen	25 HAPPY BIRTHDAY, LOIS & MARGIE!! 9:30 A-Z Song Brainstorm w/Emily 9:30 Chaska Track Walking Outing 1:15 / 3:00 Piano Music with Emily 1:15 Sensory Group with Ann 1:15 Pictionary with Kristen 2:15 Poetry Group / Folk Harp 3:15 Holiday Soup Jar Assembly 6:00 Broadway Karaoke w/Kristen	26 9:30 Sensory Group with Ann 9:30 Chime Choir with Emily 1:15 Folk Harp Music with Emily 1:15 Parachute Games with Ann 3:00 Piano Music with Emily 3:00 Fitness with Ann 4:00 Rosary with Ann–Sunroom 6:00 History Talk with Jayna	27 THANKSGIVING 9:30 Violin Music and Sing-Along with Ann 10:00 Exercise with Ann 1:30 Balloon and Noodle Games with Ann 3:00 Bingo with Ann 6:00 Music with Matthew Gogola	28 9:30 Beach Ball Toss 10:00 Devotions with Bill & Peggy 1:15 Music Bingo with Kristen 2:30 Happy Hour 3:15 Fitness with Kristen 6:00 Jeopardy with Kristen	29 9:30 / 9:30 Beach Ball Toss 10:00 / 10:00 Exercise 1:00 Devotions with Abbi 3:00 Bingo with Abbi 6:00 Songs to Make You Smile with Abbi
30 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with Westwood Volunteers 1:15 Fall Craft with Abbi 3:00 Daily Chronicle News with Abbi 3:45 Reading Roundtable w/Abbi 6:00 Musical Jeopardy with Abbi						

November 2025 Activity Calendar

Location: Cypress / Azalea / Outing / Conference Room Questions? Contact Ann or Emily: (612) 608-1478

awebb@trouvaillehomes.com & eolson@trouvaillehomes.com

