

| Sunday                                                                                                                                                                                                                                                                                                           | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                        | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                                                                                                                                                                                            | Thursday                                                                                                                                                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                                                                                                              | Saturday                                                                                                                                                                                                                                                                                                   |
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| <div></div>                                                                                                                                                                                                                      | <div><b>1</b> <b>LABOR DAY</b><br/>9:30 Music/Movement with Emily<br/>10:00 Labor Day History and Music/Reminiscing with Emily<br/>1:15 Folk Harp Music with Emily<br/>2:15 Piano Music with Emily<br/>3:00 Music Word Games w/Emily<br/>6:00 <a href="#">Music with Matthew Gogola</a></div>                                                                                                                                                 | <div><b>2</b><br/>9:30 Harp and Piano Duets with Emily and Gail S<br/>10:30 Bell Choir with Emily<br/>1:15 / 3:00 Piano Music with Emily<br/>1:15 Whiteboard Games w/ Kristen<br/>2:15 Poetry Group / Folk Harp<br/>3:00 Fitness with Kristen<br/>6:00 Broadway Karaoke w/Kristen</div>                                                                                                                                                                                                                             | <div><b>3</b><br/>9:30 Songwriting with Emily<br/>9:30 Scarf Exercises &amp; Movement<br/>1:15 Folk Harp Music with Emily<br/>1:30 <a href="#">Noerenberg Park and Dairy Queen Outing with Ann</a><br/>3:00 Piano Music with Emily<br/>4:00 Rosary with Ann–Sunroom<br/>6:00 <a href="#">Devotions with Nancy</a></div>                              | <div><b>4</b><br/>9:30 Sensory Group with Ann<br/>9:30 Chime Choir with Emily<br/>1:15 Reading Club with Ann<br/>1:15 Hymns/Folk Harp with Emily<br/>1:15 Watercoloring with Kristen<br/>2:15 <a href="#">Trouwaille Piano Showcase: Music of Trouwaille Residents</a><br/>4:00 Fitness with Kristen<br/>6:00 <a href="#">Piano Music with Tyler</a></div>  | <div><b>5</b><br/>9:30 Music &amp; Movement w/Emily<br/>10:00 Choir Rehearsal with Emily<br/>1:15 <a href="#">Music Bingo with Emily</a><br/>2:30 <a href="#">Happy Hour</a><br/>3:00 Piano Music with Emily<br/>3:15 Fitness with Kristen<br/>6:00 Music Trivia with Kristen<br/>7:00 Movie and Popcorn</div>                                      | <div><b>6</b><br/>9:15 / 9:15 Glamour Time<br/>9:30 / 9:30 Beach Ball Toss<br/>10:00 / 10:00 Exercise<br/>1:00 <a href="#">Nordic Music Festival Outing with Ann</a><br/>1:00 Flute Music with Kristen<br/>3:00 Musical Jeopardy w/ Kristen<br/>6:00 Campfire Music and S'mores with Ann and Kristen</div> |
| <div><b>7</b> <b>HAPPY BIRTHDAY, RENATE! GRANDPARENTS' DAY!</b><br/>9:30 / 9:30 Exercise/Balloons<br/>10:30 <a href="#">Onsite Church Service with Westwood Volunteers</a><br/>1:00 Fall Craft with Abbi<br/>2:00 <a href="#">Grandparents' Day Celebration</a><br/>6:00 Songs to Make You Smile with Abbi</div> | <div><b>8</b> <b>VIKINGS SPIRIT WEAR</b><br/>9:30 Guess-the-Lyric with Emily<br/>9:30 <a href="#">Baking: Blueberry Muffins</a><br/>1:15 / 2:30 Harp and Tubano Drum<br/>1:15 Reverie Harp with Kristen<br/>1:15 <a href="#">Bachman's Outing with Ann</a><br/>2:00 Basketball with Kristen<br/>3:00 Music Word Games w/Emily<br/>3:00 Fitness with Kristen<br/>6:00 Music Bingo with Kristen<br/>7:15 <a href="#">VIKINGS VS BEARS</a></div> | <div><b>9</b><br/>9:30 Musical Emotions with Emily<br/>9:30 <a href="#">Catholic Mass in Sunroom</a><br/>1:15 / 3:00 Piano Music with Emily<br/>1:15 <a href="#">Blessing House Outing</a><br/>1:15 Pictionary with Kristen<br/>2:15 Poetry Group / Folk Harp<br/>3:00 Fitness with Kristen<br/>6:00 Broadway Karaoke w/Kristen</div>                                                                                                                                                                               | <div><b>10</b><br/>9:30 Songwriting with Emily<br/>9:30 Fall Garden Pot Planting<br/>1:00 <a href="#">Trouwaille Bridal Shower and Bridal Bingo</a><br/>3:30 Fitness with Kristen<br/>4:00 Rosary with Ann–Sunroom<br/>6:00 <a href="#">Piano Music with Peggy</a></div>                                                                             | <div><b>11</b><br/>9:30 Sensory Group with Ann<br/>9:30 Chime Choir with Emily<br/>1:15 Reading Club with Ann<br/>1:15 Hymns/Folk Harp with Emily<br/>1:15 Maple Leaf Craft w/Kristen<br/>3:00 Name-that-Tune with Emily<br/>3:00 <a href="#">Patriotic Day Craft and Music with Ann</a><br/>3:00 Fitness with Kristen<br/>6:00 Jeopardy with Kristen</div> | <div><b>12</b><br/>9:30 Balloon Toss/Exercise<br/>11:00 <a href="#">Devotions with Katy</a><br/>1:15 <a href="#">Music Bingo with Kristen</a><br/>2:30 <a href="#">Happy Hour</a><br/>3:15 Fitness with Kristen<br/>6:00 Music Trivia with Kristen<br/>7:00 Movie and Popcorn</div>                                                                 | <div><b>13</b><br/>9:15 / 9:15 Glamour Time<br/>9:30 / 9:30 Beach Ball Toss<br/>10:00 / 10:00 Exercise<br/>1:00 <a href="#">MN Landscape Arboretum Outing with Ann</a><br/>1:00 Piano Music with Kristen<br/>3:00 Name-that-Tune with Kristen<br/>6:00 Music and Movement with Ann and Kristen</div>       |
| <div><b>14</b><br/>9:30 / 9:30 Exercise/Balloons<br/>10:30 <a href="#">Onsite Church Service with Westwood Volunteers</a><br/>1:00 “Where in the World?” Game with Ann<br/>3:00 <a href="#">Bingo with Ann</a><br/>6:00 Hymns and Scripture with Ann<br/>7:20 <a href="#">VIKINGS VS FALCONS</a></div>           | <div><b>15</b> <b>HAPPY BIRTHDAY, SHELL!</b><br/>9:30 Name Songs with Emily<br/>9:30 <a href="#">Baking: Molasses Cookies</a><br/>1:15 / 2:30 Harp and Tubano Drum<br/>1:15 Devotions with Ann<br/>1:15 Short Stories with Kristen<br/>2:00 Balloon Volleyball w/Kristen<br/>3:00 Music Word Games w/Emily<br/>3:00 Fitness with Kristen<br/>6:00 Piano Sing-Along w/Kristen</div>                                                            | <div><b>16</b> <b>JOSE APPRECIATION DAY</b><br/>9:00 <a href="#">Trouwaille Flu Clinic</a><br/>9:30 <a href="#">Jose Appreciation Event</a><br/>11:30 <a href="#">Couples' Lunch: Hazelwood</a><br/>1:15 / 3:30 Piano Music with Emily<br/>1:15 Whiteboard Games w/ Kristen<br/>2:15 Poetry Group / Folk Harp<br/>3:00 Fitness with Kristen<br/>3:00 Sensory Time with Ann<br/>3:00 <a href="#">Lutheran Church Service</a><br/>6:00 Broadway Karaoke w/Kristen<br/>6:00 <a href="#">Family Support Group</a></div> | <div><b>17</b><br/>9:30 Songwriting with Emily<br/>9:30 Gardening Art with Ann: Seeds and Grains<br/>1:15 Folk Harp Music with Emily<br/>1:15 Fitness and Games with Ann<br/>2:30 <a href="#">September Birthday Party</a><br/>3:30 Piano Music with Emily<br/>4:00 Rosary with Ann–Sunroom<br/>6:00 <a href="#">History with Jayna: Rosie</a></div> | <div><b>18</b><br/>9:30 Sensory Group with Ann<br/>9:30 Chime Choir with Emily<br/>12:00 Men's Luncheon<br/>1:15 Reading Club with Ann<br/>1:15 Hymns/Folk Harp with Emily<br/>1:15 Four Seasons Craft w/Kristen<br/>3:00 <a href="#">Annual Trouwaille Scarecrow Building on the Patio</a><br/>6:00 <a href="#">Piano Music with Tyler</a></div>           | <div><b>19</b><br/>9:30 Music &amp; Movement w/Emily<br/>10:00 Choir Rehearsal with Emily<br/>1:15 <a href="#">Music Bingo with Emily</a><br/>1:15 Sensory Group with Kristen<br/>2:30 <a href="#">Happy Hour</a><br/>3:00 Piano Music with Emily<br/>3:15 Fitness with Kristen<br/>6:00 Music Trivia with Kristen<br/>7:00 Movie and Popcorn</div> | <div><b>20</b><br/>9:15 / 9:15 Glamour Time<br/>9:30 / 9:30 Beach Ball Toss<br/>10:00 / 10:00 Exercise<br/>1:00 Devotions with Abbi<br/>3:00 <a href="#">Bingo with Abbi</a><br/>6:00 Songs to Make You Smile with Abbi</div>                                                                              |
| <div><b>21</b><br/>9:30 / 9:30 Exercise/Balloons<br/>10:30 <a href="#">Onsite Church Service with Westwood Volunteers</a><br/>12:00 <a href="#">VIKINGS VS BENGALS</a><br/>1:00 Music on the Patio with Abbi<br/>3:00 Balloon Volleyball with Abbi<br/>6:00 Musical Trivia with Abbi</div>                       | <div><b>22</b><br/>9:30 Music and Movement w/Ann<br/>1:15 <a href="#">Baker's Club with Ann: Homemade Applesauce</a><br/>1:15 Flute Music with Kristen<br/>2:00 Musical Jeopardy w/Kristen<br/>3:00 Fitness with Kristen<br/>3:00 Manicures with Ann<br/>6:00 Music Bingo with Kristen</div>                                                                                                                                                  | <div><b>23</b><br/>9:30 / 10:30 Music/Reminiscing<br/>9:30 <a href="#">MN Landscape Arboretum</a><br/>1:15 / 3:00 Piano Music with Emily<br/>1:15 Violin Music with Ann<br/>1:15 Whiteboard Games w/Kristen<br/>2:15 Poetry Group / Folk Harp<br/>3:00 <a href="#">Sandwich Service Project</a><br/>4:00 Fitness with Kristen<br/>6:00 Broadway Karaoke w/Kristen<br/>6:00 <a href="#">Pints for a Purpose @ Unmapped</a></div>                                                                                     | <div><b>24</b><br/>9:30 Songwriting with Emily<br/>10:00 <a href="#">Sandwich Drop-Off Outing &amp; Sculpture Garden Picnic</a><br/>1:15 Folk Harp Music with Emily<br/>3:00 Piano Music with Emily<br/>3:00 Fitness with Ann<br/>4:00 Rosary with Ann–Sunroom<br/>6:00 <a href="#">Accordion Music with Bill K</a></div>                            | <div><b>25</b><br/>9:30 Sensory Group with Ann<br/>9:30 Chime Choir with Emily<br/>1:15 Reading Club with Ann<br/>1:15 Hymns/Folk Harp with Emily<br/>3:00 Name-that-Tune with Emily<br/>3:00 Fitness with Ann<br/>6:00 <a href="#">Piano Music with Gail</a></div>                                                                                         | <div><b>26</b><br/>9:30 Balloon Toss/Exercise<br/>11:00 <a href="#">Devotions with Katy</a><br/>1:15 <a href="#">Music Bingo with Emily</a><br/>2:30 <a href="#">Happy Hour</a><br/>3:00 Piano Music with Emily<br/>6:00 Choir Rehearsal with Emily</div>                                                                                           | <div><b>27</b> <b>HAPPY BIRTHDAY, MAXINE!</b><br/>9:15 / 9:15 Glamour Time<br/>9:30 / 9:30 Beach Ball Toss<br/>10:00 / 10:00 Exercise<br/>1:00 Art with Ann<br/>3:00 <a href="#">Bingo with Ann</a><br/>6:00 Violin, Music Sing Along and Exercise with Ann</div>                                          |
| <div><b>28</b><br/>8:30 <a href="#">VIKINGS VS STEELERS</a><br/>9:30 / 9:30 Exercise/Balloons<br/>10:30 <a href="#">Onsite Church Service with Westwood Volunteers</a><br/>1:00 “Where in the World?” Game with Ann<br/>3:00 Bingo with Ann<br/>6:00 Hymns and Scripture with Ann</div>                          | <div><b>29</b><br/>9:30 Music Pictionary with Emily<br/>9:30 <a href="#">Baker's Club: Oatmeal Butterscotch Cookies</a><br/>1:15 Folk Harp Music with Emily<br/>1:15 Devotions with Ann<br/>2:30 Tubano Drum with Emily<br/>3:00 Music Word Games w/Emily<br/>3:00 Fitness with Ann<br/>6:00 <a href="#">Devotions with Natalie</a></div>                                                                                                     | <div><b>30</b><br/>9:30 / 10:30 Music/Reminiscing<br/>9:30 / 10:30 News and Exercise<br/>1:00 <a href="#">Apple Jack Orchard Outing</a><br/>1:15 / 3:00 Piano Music with Emily<br/>2:15 Poetry Group / Folk Harp with Emily<br/>6:00 <a href="#">Music with Denise</a></div>                                                                                                                                                                                                                                        | <div><h1>September 2025 Activity Calendar</h1><p><i>Location: Cypress / Azalea / Outing / Patio</i></p><p><u>Questions?</u> Contact Ann or Emily: (612) 608-1478 <a href="mailto:awebb@trouvaillehomes.com">awebb@trouvaillehomes.com</a> &amp; <a href="mailto:eolson@trouvaillehomes.com">eolson@trouvaillehomes.com</a></p></div>                 |                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                            |