Trouvaille Memory Care

December 2026 Activity Calendar

Location: Cypress / Azalea / Outing

Questions? (612) 608-1478

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Christmas Tree Decorating 9:30 A-Z Song Brainstorming 1:15 / 3:00 Piano Music with Emily 1:15 Holiday Jar Decorating 2:15 Poetry Group / Folk Harp 3:00 Christmas Village Decorating 3:00 Fitness with Kristen 6:00 Holly Jolly Music w/Kristen	**2** 9:30 Sensory Time with Ann 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 1:15 Music with Kristen and Emily 1:15 Reading Group with Ann 2:15 Residents' Holiday Choir Concert 3:30 Snowflake Garlands 6:00 Bible Study w/Bill and Peggy	**3** 9:30 Exercise & Devotions/Hymns with Nancy and Emily 9:30 MN ARB and Lunch Outing 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:30 December Birthday Party 3:30 Name-that-Tune with Kristen 3:30 Fitness with Ann 6:00 Minnetonka HS Carolers	**4** 9:30 Music & Movement w/Emily 10:00 Music/Reminiscing w/Emily 1:15 Music Bingo with Emily 1:15 Scrabble with Kristen 2:30 Snacks and Chats 3:00 Piano Music with Emily 3:00 Fitness with Kristen 6:00 Music Trivia with Kristen 7:00 Movie: Miracle on 34th Street	**5** 9:30 Morning Stretches 10:00 Devotions with Nancy 1:15 Drumming Circle with Ann 2:00 Fitness and Games 3:00 Grace's Piano Students' Recital 6:00 Ann's Musical Variety Show
6 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 Resident Council Meeting 2:00 Music of Gershwin 3:00 Fitness with Ann *3:25 Vikings vs. Panthers* 6:00 Piano Music with Dan 6:00 Holiday Lights Drive	**7** 9:30 Music Word Games w/Emily 9:30 Baking: Gingerbread Cookies 1:15 Holiday Sing-Along with Leah and Emily 1:15 Whiteboard Games w/ Kristen 2:00 Mabuhay Ukulele Performers 3:30 Manicures/Massages w/Ann 3:30 Fitness with Kristen 6:00 Piano Music with Julie B	**8** HAPPY BIRTHDAY, MARGE K! 9:30 Musical Emotions with Emily 10:00 Catholic Mass in Sunroom 1:00 SWCHS Guitar Students 1:30 Folk Harp Music with Emily 1:30 Gingerbread House-Making 3:00 Friends for Praise Holiday Sing-Along 6:00 Minnetonka HS Carolers	**9** 9:30 Holiday Mural Craft with Norma and Friends 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 1:15 Folk Harp Music with Emily 1:15 Eden Prairie Mall Shopping Outing with Ann 3:00 Piano Music with Emily 6:00 Bible Study w/Bill and Peggy	**10 HOLIDAY PARTY** 9:30 Exercise & Devotions/Hymns 9:30 Modeling Clay Ornaments 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:15 Folk Harp Music with Emily 3:00 Fitness with Kristen 6:00 Minnetonka HS Carolers 6:30 Crooner Christmas Performance with Todd Anderson	**11** 9:30 News and Trivia 10:00 Accordion Music with Allen 11:00 Devotions with Katy 1:15 Music Bingo with Kristen 2:30 Snacks and Chats 3:00 Fitness with Kristen 3:30 Piano Music with Kristen 6:00 Broadway Karaoke w/ Kristen 7:00 Movie: Home Alone	**12** HAPPY BIRTHDAY, KATHY D! HAPPY BIRTHDAY, DARLENE! 9:30 Morning Stretches 10:00 News & Trivia with Heather 1:15 The Price is Right w/ Kristen 2:00 Fitness with Kristen 3:00 Music with Mira & Friends 6:00 Remembering Frank Sinatra
13 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 Name-that-Tune with Kristen 2:00 Chime Choir with Kristen 3:00 Music & Movement w/Kristen 6:00 Eileen's Piano Students' Recital	**14** 9:30 Xylophone Chimes w/Emily 9:30 Baking: Spritz Cookies 9:30 Men's Group 1:15 Christmas Guess-the-Lyric 1:15 Trivial Pursuit with Kristen 2:15 Songwriting with Emily 2:15 Basketball with Kristen 3:00 Holiday Music Performance 4:00 Rosary with Luke & family 6:00 Mount Calvary Bell Choir	**15** 9:30 Violin and Sing Along 9:30 Harp & Piano X-Mas Carols 1:15 / 3:30 Piano Music with Emily 1:15 Table Chats & Service Project 2:15 Poetry Group / Folk Harp 3:00 Lutheran Church Service 3:00 Watercoloring with Ann 3:00 Fitness with Kristen 6:30 Waconia Suzuki Violin Studio *6:00 Family Support Group*	**16 STAFF HOLIDAY PARTY & UGLY SWEATER DAY** 9:30 Sensory Group with Ann 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 1:15 X-Mas Carols w/Ann & Emily 3:00 Piano Music with Emily 3:30 Mason Jar Globe Craft 5:45 Bible Study w/Bill and Peggy 6:30 Immanuel Lutheran Caroling	**17 SANTA VISITS** 9:30 Exercise & Devotions/Hymns 9:30 Christmas Crafting with Ann 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:15 / 2:45 Santa Visits and Gifts 2:15 / 2:45 Christmas Carols with Emily 4:00 Fitness with Kristen 6:00 Piano Music with Tyler	**18 HOLIDAY SWEATER DAY** 9:30 Music & Movement w/Emily 10:30 Holiday Music with "3 Retired Teachers" Ensemble 1:15 Music Bingo with Emily 1:15 Watercoloring with Kristen 2:30 Group Photo in Holiday PJs 3:00 Piano Music with Emily 3:00 Fitness with Kristen 6:00 Christmas Music Trivia 7:00 Movie: A Christmas Story	**19** 9:30 Morning Stretches 10:00 News and Trivia 1:15 Parachute Games with Ann 2:00 Musical Instruments 3:00 Bingo with Ann 6:00 Piano Music with Dan 6:00 Holiday Lights Drive
20 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 Word Games and Trivia with Ann 3:00 Ruth's Piano Students' Recital 6:00 Inspiring Stories of Faith and Music with Ann 6:30 Evening Stretches and Fitness *7:20 Vikings vs. Lions*	**21** 9:30 Chanhassen HS Singers 9:30 Baking: Cookie Decorating 1:15 Folk Harp Music with Emily 1:15 Winter Craft with Ann 2:15 Hapi Drum/Reverie Harp 3:00 Fitness with Ann 3:00 Music/Reminiscing w/ Emily 4:00 Rosary with Ann 6:00 Minnetonka HS Carolers	**22 HOLIDAY SWEATER DAY** HAPPY BIRTHDAY, OLGA! 9:15 Country Lane Bowling Outing 9:30 Music & Reminiscing w/Emily 1:15 / 3:00 Piano Music with Emily 1:15 Table Games with Ann 2:15 Poetry Group / Folk Harp 3:00 Fitness with Ann 6:00 Minnetonka HS Carolers	**23** HAPPY BIRTHDAY, ROBERT! 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 1:15 Folk Harp Music with Emily 2:15 Hymns with Emily 3:00 Fitness with Emily 3:30 Piano Music with Emily 6:00 Bible Study w/Bill and Peggy	**24** HAPPY BIRTHDAY, EVA! 9:30 Exercise & Devotions/Hymns 9:30 Violin and Sing Along w/Ann 1:15 Reading Group with Ann 1:15 Folk Harp Music with Emily 3:00 Name-that-Tune with Emily 3:00 Fitness with Ann 6:00 Christmas Eve Service with Bill and Peggy	**25 MERRY CHRISTMAS!** 10:00 Devotions with Katy 1:30 Fireside Stories and Songs 2:00 Musical Instruments w/Ann 3:00 Fitness with Ann 6:00 Christmas Around the World with Ann 7:00 Movie: A Christmas Carol	**26** 9:30 Morning Stretches 10:00 News and Trivia 1:00 Fitness 2:00 Balloon Volleyball 3:00 Service Project 6:00 Music with Scott
27 HAPPY BIRTHDAY, IRENE! 9:30 Daily Chronicles & Exercise 10:30 Onsite Church Service with Westwood Volunteers 1:00 FItness 3:00 Gingerbread House Decorating 6:00 Piano Music with Lydia	**28** 9:30 Xylophone Chimes w/Emily 9:30 Baking: Teacake Cookies 1:15 Folk Harp Music with Emily 1:15 Short Stories with Kristen 2:15 Songwriting and Reminiscing 2:15 Bowling with Kristen 3:00 Fitness with Kristen 3:00 Men's Group 4:00 Rosary 6:00 Broadway Karaoke w/Kristen	**29** 9:30 Field House Walking Group 9:30 Music Pictionary with Emily 1:15 / 3:00 Piano Music with Emily 1:15 Table Chats & Service Project 2:15 Poetry Group / Folk Harp 3:00 Sandwich Service Project 6:00 Music Trivia with Kristen	**30** HAPPY BIRTHDAY, KAREN S! 10:30 Sandwich Drop-Off & Lunch 9:30 Music & Movement w/Emily 10:00 Chime Choir with Emily 1:15 Music with Kristen and Emily 3:00 Piano Music with Emily 3:00 Fitness w/Anin Sunroom 3:00 Dice Games with Kristen 6:00 Bible Study w/Bill and Peggy	**31 NEW YEAR'S EVE** 9:30 Exercise & Devotions/Hymns 9:30 Scrapbooking 1:15 Reading Group with Ann 1:15 Dulcimer Music with Kristen 2:00 Memories of 2026 3:00 Name-that-Tune with Emily 3:00 Fitness with Ann 3:00 Painting with Kristen 6:00 NYE Celebration w/Kristen		