## **Pudding Cookies** 1:15 Folk Harp Music with Emily 9:30 Discover Nature with Ann 11:00 Devotions with Katy 1:15 / 3:00 Piano Music with Emily 1:30 Bingo with Ann 1:15 Music Bingo with Emily 6:00 Songs to Make You Smile 1:15 / 2:15 Harp / Music Pictionary 1:15 Minneapolis Institute of Arts 1:15 Short Stories with Kristen 1:15 Reading Club with Ann 3:00 Service Project: Snack Pack 1:15 Devotions with Ann 1:15 Sensory Group with Kristen **Assembly with Ann Outing with Ann** 1:15 Painting Dreamcatchers 1:15 Crossword Puzzles w/Kristen 1:15 Pictionary with Kristen 2:15 Trouvaille Choir Concert 1:15 Hymns/Folk Harp with Emily 2:30 Happy Hour 4:00 Violin Music and Guessing 1:15 Whiteboard Games w/Kristen 9:30 / 9:30 Exercise/Balloons 2:15 Poetry Group / Folk Harp 3:30 Fitness with Kristen 2:30 November Birthday Party 3:00 Piano Music with Emily 2:00 Music Jeopardy w/Kristen Game with Ann 10:30 Onsite Church Service with 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 4:00 Rosary with Luke-Sunroom 3:30 Watercoloring with Ann 3:15 Fitness with Kristen 6:00 Piano Music with Lydia **Westwood Volunteers** 3:30 Fitness with Kristen 3:00 Fitness with Kristen 6:00 Broadway Karaoke w/Kristen 6:00 Devotions with Bill & Peggy 6:00 Music Trivia with Kristen 1:15 Trivia / Basketball with Abbi 6:00 Piano Sing-Along w/Kristen 6:00 Piano Music with Tyler 3:00 Classical Music History Presentation with Abbi 6:00 Evening Hymn-Sing with Abbi 9 DAYLIGHT SAVINGS BEGINS **VETERANS DAY** 12 HAPPY BIRTHDAY, BILL P! 15 9:30 Music/Reminiscing w/Emily HAPPY BIRTHDAY, GAIL & EILEEN! 9:30 Chime Choir with Emily 9:30 / 9:30 Exercise/Balloons 9:30 Devotions & Hymns with 9:30 Music & Movement w/Emily 9:30 / 9:30 Beach Ball Toss 9:30 Veterans Day Music & Honors 9:30 Baker's Club: Cookies 9:30 Sandwich Drop-Off & Olive Nancy and Emily 10:30 Onsite Church Service with 10:00 Choir Rehearsal with Emily 10:00 / 10:00 Exercise 10:00 Piano & Harp w/Gail & Emily **Westwood Volunteers** 1:15 / 2:15 Harp / Sunny Songs **Garden Outing with Ann** 9:30 Violin Music / Exercise w/Ann 1:15 Music Bingo with Emily 1:00 Music and Movement with 10:15 Veterans Lunch Outing 1:15 Folk Harp Music with Emily 1:15 Reading Club with Ann 1:15 Sensory Group with Kristen 1:15 Chime Choir with Kristen 1:15 Devotions with Ann Ann 1:15 / 3:00 Piano Music with Emily 2:00 Watercoloring and Puzzles 1:15 Scrapbooking with Kristen 1:45 Wayzata Symphony Concert 1:15 Whiteboard Games w/Kristen 2:30 Happy Hour 2:00 Painting with Ann 1:15 Whiteboard Games w/Kristen 2:00 Crossword Puzzles w/Kristen 3:00 Piano Music with Emily 1:15 Hymns/Folk Harp with Emily 3:00 Piano Music with Emily 3:30 Resident Council Meeting in 2:15 Poetry Group / Folk Harp 3:00 Flute Music with Kristen 3:00 Music Word Games w/Emily 3:00 Fitness with Ann 3:00 Name-that-Tune with Emily 3:15 Fitness with Kristen 3:00 Sandwich Service Project 6:00 Hymn Sing Along with Kristen 3:00 Fitness with Kristen 4:00 Rosary with Ann-Sunroom 3:00 Holiday Soup Jar Assembly 6:00 Jeopardy with Kristen 6:00 Violin Music and Sing-Along 4:00 Fitness with Kristen 3:00 Table Games with Ann 6:00 Devotions with Nancy with Ann and Kristen with Ann 6:00 Broadway Karaoke w/Kristen 6:00 Piano Sing-Along w/Kristen 6:00 Piano Music with Gail S 6:30 Chair Yoga with Ann 22 HAPPY BIRTHDAY, CAROLE! 18 FAMILY SUPPORT GROUP 6PM 9:30 / 9:30 Exercise/Balloons 9:30 Music/Reminiscing w/Emily 9:30 Musical Emotions with Emily 9:30 Craft with Ann and Kristen 9:30 Beach Ball Toss & Exercise 9:30 Music & Movement w/Emily 9:30 / 9:30 Beach Ball Toss 10:30 Onsite Church Service with 9:30 Baking: Cran-Orange Bread 9:30 Catholic Mass in Sunroom 9:30 Chime Choir with Emily 10:00 Licorice Stix Clarinet 10:00 Choir Rehearsal with Emily 10:00 / 10:00 Exercise 1:15 / 2:15 Harp / Guess-the-Lyric 1:15 / 3:30 Piano Music with Emily 1:15 Folk Harp Music with Emily **Westwood Volunteers Ensemble Performance** 11:00 Devotions with Katy 12:45 MN Arb Concert with Ann 1:15 Hymns/Folk Harp with Emily 1:15 Music Bingo with Emily 1:15 Devotions with Ann 1:15 Whiteboard Games w/Kristen 1:15 Short Stories with Kristen 1:00 Flute Music with Kristen 1:15 Scrabble w/Kristen 1:15 Sensory Group with Ann 2:30 Celebration of Life Service 1:30 Resident Holiday Bazaar 1:15 Sensory Group with Kristen 3:00 Name-that-Tune w/Kristen 3:00 Men's Singing Quartet 3:00 Fitness with Kristen 3:00 Sensory Craft with Ann 2:15 Poetry Group / Folk Harp 2:30 Happy Hour 6:00 Violin and Piano Music with 2:00 Music Jeopardy w/Kristen 6:00 Evening Hymn-Sing with Abbi 3:00 Music Word Games w/Emily 3:00 Fitness with Kristen 3:30 Piano Music with Emily 3:00 Name-that-Tune with Emily 3:00 Piano Music with Emily Ann and Kristen 3:00 Fitness with Kristen 3:00 Holiday Jar Labeling Project 4:00 Rosary with Ann-Sunroom 3:00 Fitness with Kristen 3:15 Fitness with Kristen 3:00 Table Games with Ann 3:00 Lutheran Church Service 6:00 Devotions with Bill & Peggy 6:00 Music with Denise C 6:00 Music Trivia with Kristen 6:00 Broadway Karaoke w/Kristen 6:00 Piano Sing-Along w/Kristen 28 24 25 HAPPY BIRTHDAY, LOIS THANKSGIVING & MARGIE!! 9:30 Sensory Group with Ann 9:30 Violin Music and Sing-Along 9:30 / 9:30 Beach Ball Toss 9:30 / 9:30 Exercise/Balloons 9:30 Music & Movement w/Emily 9:30 Beach Ball Toss 9:30 A-Z Song Brainstorm w/Emily 9:30 Chime Choir with Emily 10:00 / 10:00 Exercise 10:30 Onsite Church Service with 10:00 Music/Reminiscing w/Emily with Ann 10:00 Devotions with Bill & Peggy **Westwood Volunteers** 1:15 / 2:15 Harp / Gratitude Songs 9:30 Chaska Track Walking Outing 1:15 Folk Harp Music with Emily 10:00 Exercise with Ann 1:15 Music Bingo with Kristen 1:00 Devotions with Abbi 1:15 Whiteboard Games w/Kristen 1:15 / 3:00 Piano Music with Emily 1:15 Parachute Games with Ann 1:30 Balloon and Noodle Games 2:30 Happy Hour 3:00 Bingo with Abbi 3:00 Balloon Volleyball with Abbi 2:00 Finish-the-Lyric w/Kristen 1:15 Sensory Group with Ann 3:00 Piano Music with Emily with Ann 3:15 Fitness with Kristen 6:00 Songs to Make You Smile 3:00 Music Word Games w/Emily 1:15 Pictionary with Kristen 3:00 Service Project: Snack Packs 3:00 Bingo with Ann with Abbi 6:00 Hymn-Sing with Abbi 6:00 Jeopardy with Kristen 2:15 Poetry Group / Folk Harp 4:00 Rosary with Ann-Sunroom 3:00 Fitness with Kristen 6:00 Music with Matthew Gogola 6:00 Piano Sing-Along w/Kristen 3:15 Holiday Soup Jar Assembly 6:00 History Talk with Jayna 6:00 Broadway Karaoke w/Kristen November 2025 Activity Calendar 9:30 / 9:30 Exercise/Balloons 10:30 Onsite Church Service with **Westwood Volunteers** Trouvaille 3:00 Daily Chronicle News with Location: Cypress / Azalea / Outing / Conference Room Questions? Contact Ann or Emily: (612) 608-1478 Memory Care 3:45 Reading Roundtable w/Abbi 6:00 Musical Jeopardy with Abbi awebb@trouvaillehomes.com & eolson@trouvaillehomes.com

Wednesday

9:30 Sensory Group with Ann

9:30 Chime Choir with Emily

Thursday

9:30 Devotions & Hymns with

Nancy and Emily

Friday

9:30 Music & Movement w/Emily

10:00 Accordion Music with Allen

Saturday

9:30 / 9:30 Beach Ball Toss

10:00 / 10:00 Exercise

Tuesday

9:30 / 10:30 Bell Choir with Emily

9:30 / 10:30 News and Exercise

Sunday

1 SATURDAY 10:00 / 10:00 Exercise

1:00 Devotions with Abbi

**Outing with Ann** 

1:15 Trivia with Abbi

**Performance** 

1:00 Music with Abbi

1:15 Fall Craft with Abbi

Abbi

16

3:00 Bingo with Abbi

2 SUNDAY

Monday

9:30 Music/Reminiscing w/Emily

9:30 Baker's Club: Banana