

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>April 2026 Exercise Calendar</h1> <p><i>Color code for location:</i></p> <p><i>Sunroom / Azalea Living Room / Both houses / Outing</i></p>			<p>1</p> <p>9:30am Music &amp; Movement with Kristen and Emily (Azalea)</p> <p>3pm Fitness with Kristen (Sunroom)</p>	<p>2</p> <p>9:30am Hymns &amp; Exercise with Emily (Sunroom)</p> <p>3pm Fitness with Ann (Azalea)</p>	<p>3</p> <p>9:30am Hymns and Stretches with Emily (Azalea)</p> <p>3:15pm Fitness with Kristen (Sunroom)</p>	<p>4</p> <p>9:30am Daily Chronicles and Exercise (Azalea)</p> <p>6pm Exercise and Sing-Along with Ruth (Azalea)</p>
			<p>5</p> <p>9:30am Exercise (in both houses)</p> <p>2pm Fitness with Kristen (Azalea)</p>	<p>6</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>7</p> <p>9:30am Music &amp; Movement with Emily (Sunroom)</p> <p>4pm Fitness with Kristen (Azalea)</p>	<p>8</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Music &amp; Movement with Emily (Sunroom)</p>
<p>12</p> <p>9:30am Exercise (in both houses)</p> <p>3pm Fitness with Ann (Azalea)</p>	<p>13</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>14</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>1pm Chaska Track</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>15</p> <p>9:30am Music &amp; Movement with Emily (Sunroom)</p> <p>3pm Fitness with Kristen (Sunroom)</p>	<p>16</p> <p>9:30am Hymns &amp; Exercise with Emily (Sunroom)</p> <p>3:30pm Fitness with Ann (Azalea)</p>	<p>17</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3:00pm Fitness with Emily (Azalea)</p>	<p>18</p> <p>9:30am Daily Chronicles and Exercise (Azalea)</p> <p>6pm Exercise and Sing-Along with Ruth (Azalea)</p>
<p>19</p> <p>9:30am Exercise (in both houses)</p> <p>1pm Fitness with Ruth (Sunroom)</p>	<p>20</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>21</p> <p>9:30am Music &amp; Movement with Emily (Sunroom)</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>22</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Fitness with Kristen (Sunroom)</p>	<p>23</p> <p>9:30am Hymns &amp; Exercise with Emily (Sunroom)</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>24</p> <p>9:30am Hymns and Stretches with Emily (Azalea)</p> <p>3:15pm Fitness with Kristen (Sunroom)</p>	<p>25</p> <p>9:30am Daily Chronicles and Exercise (in both houses)</p> <p>6pm Sing-Along and Exercise with Ann (Azalea)</p>
<p>26</p> <p>9:30am Exercise (in both houses)</p> <p>1pm Fitness with Ann (Sunroom)</p>	<p>27</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>28</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Fitness with Kristen (Azalea)</p>	<p>29</p> <p>9:30am Music &amp; Movement with Emily (Azalea)</p> <p>3pm Fitness with Ann (Sunroom)</p>	<p>30</p> <p>9:30am Hymns &amp; Exercise with Emily (Sunroom)</p> <p>3:45pm Fitness with Kristen (Sunroom)</p>	 <p>Trouvaille Memory Care</p>	